



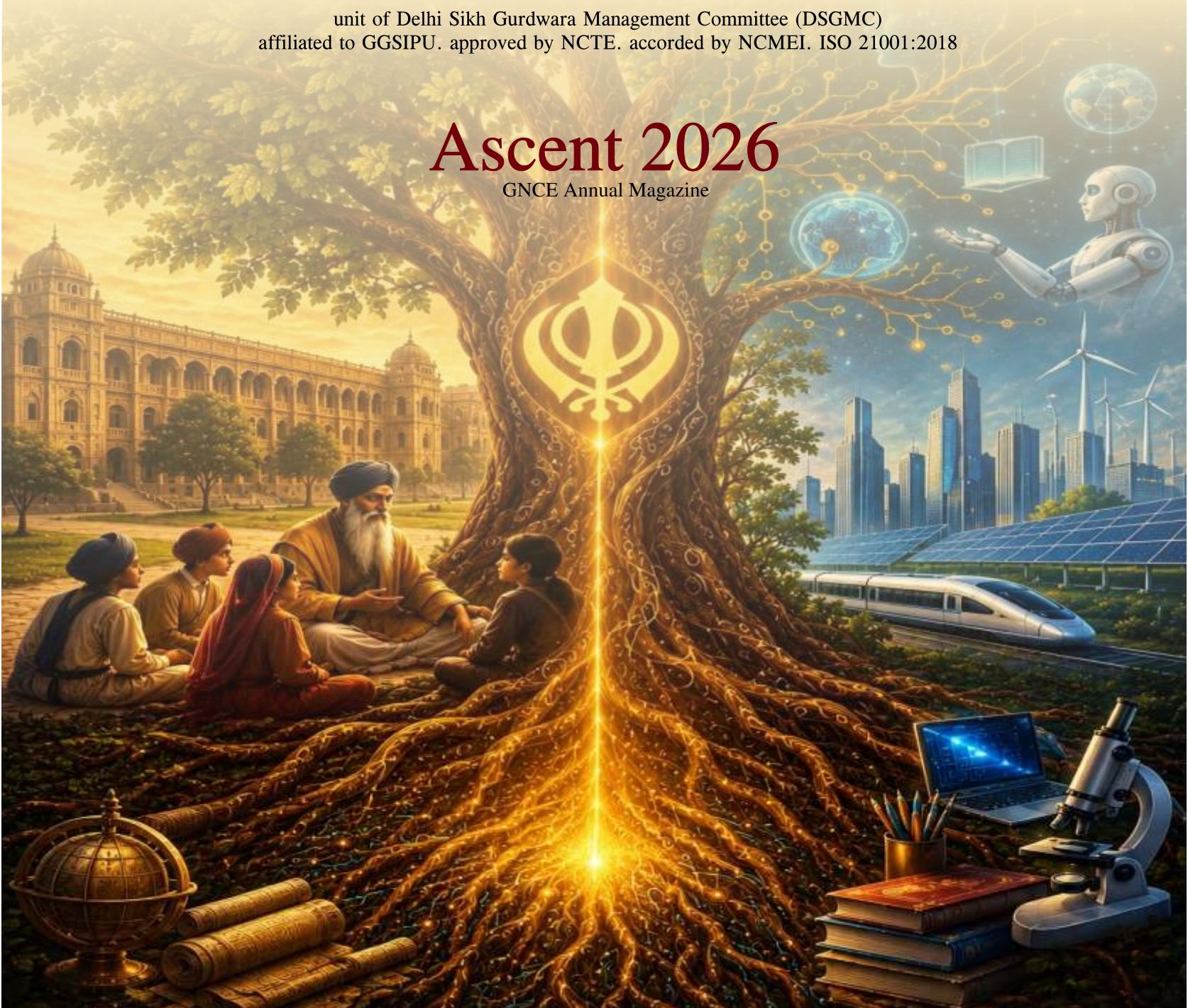
GURU NANAK COLLEGE OF EDUCATION

SIKH MINORITY B.Ed. COLLEGE

unit of Delhi Sikh Gurdwara Management Committee (DSGMC)
affiliated to GGSIPU. approved by NCTE. accorded by NCMEI. ISO 21001:2018

Ascent 2026

GNCE Annual Magazine



Road Number 75, West Punjabi Bagh, New Delhi-110026

email: gncedelhi@yahoo.com, Web: www.gncedelhi.org, LMS: <http://gncedelhi.org>

Phone : 011-49875718, 011-47016346, +91-9311443210, +91-8800647091



Guru Nanak College of Education is grateful for every blessing through which GNCE continues on the passage of imparting education and training for the overall development of every member of our GNCE family



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GURU NANAK COLLEGE OF EDUCATION

VISION

Vidya Vichari Tan Parupkari

True learning induces in the mind, service to mankind.

Contemplate and reflect upon knowledge, and you will be benefactor to others.

GNCE is a dynamic and fast-growing educational institution, fully responsive to societal needs of the ever-evolving society. The college acknowledges that there are no shortcuts and there is still a lot to be done to make this world a better place. The college has a tradition of valuing both Sikhism ideals and academic excellence, and aspires to make a significant, sustainable and, socially responsible contribution towards the society.

Founded under the auspices of a particular religious denomination i.e. Sikhism, GNCE, today finds itself secular in character. GNCE is determined to preserve this identity and remain faithful to its heritage and extend its intent to meet the intellectual and spiritual challenges of the contemporary and future academic world.

With the vision to cultivate uncompromising commitment towards enhancing the quality of life both at the organizational and societal level, GNCE continues to strive hard to instill integrity, perseverance and transparency in its pupil teachers to groom them to face the world with confidence.

MISSION

Guru Nanak College of Education was established with a mission to become a Centre of excellence in Teacher Education. It continues to aim to

- excel in all areas of teaching-learning, research outreach, and consultancy
- offer assignments and design activities for competence and character building
- foster passionate pursuit for academic and intellectual excellence
- promote leadership skills so as to encourage its pupil teachers to become agents of social change
- instil the values of discipline, teamwork, and collaboration
- develop application-oriented study material with the necessary inputs of values
- constantly work towards the all-round development of its pupil teachers
- contribute to the well-being of the nation

The College seeks to achieve the aforementioned through an educational program that:

- develops curiosity and creativity
- fosters tolerance, respect, and acceptance of others
- builds each student's resilience and self-esteem
- develops integrity and professional ethics
- encourages diversity, mutual respect and tolerance for the society
- motivates students for achieving academic excellence

'Guru Nanak College of Education' is a Sikh Minority Institution, established and administered by the Delhi Sikh Gurdwara Management Committee (Statutory Body estd. under the Delhi Sikh Gurdwara Act 1971, Govt. of India). Since inception (2003) GNCE aims to provide high quality pre-service teacher education. It is affiliated to Guru Gobind Singh Indraprastha University, approved by NCTE, accorded by NCMEI and ISO 21001:2018 certification, awarded "A+" Category by Directorate of Higher Education DHE.

It offers B.Ed. Programme, with an intake of 100 students out of which 50% seats are reserved for Sikh Minority students. The admissions are given on the basis of the Merit List of candidates prepared by Guru Gobind Singh Indraprastha University after conducting Common Entrance Test (CET) and CUET.

MESSAGES

Prof. (Dr.) Mahesh Verma

MDS, MBA, PhD, DSc (hc), FDSRCS(Eng),
FDSRCS (Edin), FDS RCPSPG (Glas)

Vice Chancellor

- Padma Shree Awardee
- Dr. B.C. Roy Awardee
- National Science & Technology Awardee



IPU
GURU GOBIND SINGH
INDRAPRASTHA
UNIVERSITY
NEW DELHI

गुरु गोबिंद सिंह इन्द्रप्रस्थ विश्वविद्यालय

सेक्टर - १६ सी, द्वारका, नई दिल्ली - ११००७८

Guru Gobind Singh Indraprastha University

Sector - 16 C, Dwarka, New Delhi - 110078

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MESSAGE

It gives me immense pleasure to learn that the esteemed Guru Nanak College of Education is publishing its Annual Magazine, *Ascent 2026*, for the Academic Session 2025-26. This publication stands as a meaningful platform for celebrating creativity, academic excellence and the collective achievements of the institution.

The Annual Magazines are indeed a true reflection of higher education institution's vision, achievements, and endeavours. Guru Nanak College of Education has aptly portrayed its vibrant academic, administrative and cultural environment, showcasing its consistent efforts, progressive outlook and unwavering dedication towards excellence. Such initiatives not only document milestones but also inspire students and faculty to strive for higher goals.

I extend my heartfelt congratulations to the management, faculty, students and staff members for the continued ascent of GNCE. The college has emerged as one of the most sought-after destinations for students aspiring to pursue the Bachelor of Education (B.Ed.) programme. Its commitment to nurturing competent educators and fostering holistic development is truly commendable. GGSIP University takes pride in its continued association with GNCE in imparting quality education and shaping future educators for the society.

I also convey my appreciation and best wishes to the editorial team for their dedication, creativity and meticulous efforts in bringing out this annual edition of *Ascent*. I am confident that the magazine will serve as a source of inspiration and a cherished record of the institution's journey.

Mahesh Verma

Prof. (Dr.) Mahesh Verma
Vice Chancellor

06th May, 2026
New Delhi

MESSAGES

**University School of Education
GURU GOBIND SINGH
INDRAPRASTHA UNIVERSITY**

Sector-16-C, Dwarka, New Delhi-110078

Phone : 011-25302540/41

E-mail : dean.use@ipu.ac.in
professorsarojsharma@gmail.com



**युनिवर्सिटी स्कूल ऑफ एजुकेशन
गुरु गोबिन्द सिंह
इन्द्रप्रस्थ विश्वविद्यालय**

सेक्टर-16-सी, द्वारका, नई दिल्ली-110078

दूरभाष : 011-25302540/41

ई-मेल : dean.use@ipu.ac.in
professorsarojsharma@gmail.com



It gives me immense pleasure to extend my warm greetings to the entire fraternity of Guru Nanak College of Education (GNCE) on the release of the latest issue of the Annual Magazine, Ascent 2026.

Educational institutions serve as vibrant centres of intellectual inquiry, creative expression, and value formation. In this regard, GNCE has consistently distinguished itself as one of the leading teacher education institutions affiliated with Guru Gobind Singh Indraprastha University. Through its steadfast commitment to academic excellence, innovative pedagogical practices, and the holistic development of future educators, the college has successfully carved a niche for itself in nurturing competent, reflective, and socially responsible teachers.

Institutions like GNCE play a pivotal role in harmonizing technological progress with value-based education, thereby preparing educators who are not only technologically proficient but also deeply humane and ethically grounded. After all, the quality of a nation's future is deeply rooted in the quality of the teachers it nurtures today. As future teachers step into classrooms, they carry the responsibility of shaping not just informed minds but also compassionate and responsible citizens.

Ascent 2026 stands as a reflection of the creativity, intellectual curiosity, and collaborative spirit of the students and faculty members. I, therefore, invite readers to turn these pages of Ascent 2026 and experience the insightful contributions and creative expressions that truly reflect the vibrant academic spirit of GNCE.

I extend my heartfelt congratulations to the Principal, the Editorial Board, faculty members, and students whose dedication and collective efforts have brought this publication to fruition.

I am confident that Guru Nanak College of Education will continue to scale greater heights and make significant contributions towards strengthening teacher education and nurturing enlightened educators for the nation....!!



Prof. Dhananjay Joshi
Dean, University School of Education
Guru Gobind Singh Indraprastha University

MESSAGES

ਦਿੱਲੀ ਸਿੱਖ ਗੁਰਦੁਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ

(ਦਿੱਲੀ ਸਿੱਖ ਗੁਰਦੁਆਰਾ ਅਧਿਨਿਯਮ, 1971 ਭਾਰਤ ਸਰਕਾਰ ਦੁਆਰਾ ਪਾਸਿਤ ਅਧੀਨ ਸਥਾਪਿਤ ਸੰਸਥਾ)
ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਭਵਨ, ਗੁਰਦੁਆਰਾ ਰਕਾਬ ਗੰਜ ਸਾਹਿਬ, ਨਵੀਂ ਦਿੱਲੀ-੧੧੦੦੦੧

DELHI SIKH GURDWARA MANAGEMENT COMMITTEE

(Statutory Body Estd. under the Delhi Sikh Gurdwaras Act, 1971 of the Govt. of India)
Guru Gobind Singh Bhawan, Gurdwara Rakab Ganj Sahib, New Delhi-110001



S. Harmeet Singh Kalka

President DSGMC

“In an era shaped by Artificial Intelligence and rapid technological transformation, education must strive not only to create intelligent systems, but also enlightened individuals who use knowledge with wisdom, compassion, and responsibility.”

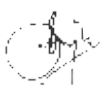
It gives me immense pleasure to extend my warm greetings to the governing body, faculty members, students, and staff of Guru Nanak College of Education on the release of the latest edition of the Annual Magazine- Ascent 2026.

We are witnessing a remarkable transformation in the field of education with the rapid emergence of Artificial Intelligence and digital technologies. In such a dynamic landscape, institutions of teacher education have a vital role in preparing future educators who are adaptable, innovative, and capable of guiding young minds in an increasingly technology-driven world.

The teachings of Guru Nanak Dev Ji remind us that knowledge finds its true purpose when it serves humanity. It is heartening to see Guru Nanak College of Education embracing this philosophy by integrating modern technological awareness with value-based education. By equipping student teachers with the skills required for the evolving educational environment while nurturing empathy, critical thinking, and ethical responsibility, the College is preparing educators who can meaningfully contribute to society.

The publication of Ascent 2026 reflects the creativity, intellectual spirit, and collective efforts of the entire GNCE Family. I congratulate the editorial team and all contributors for bringing out this commendable edition.

I extend my best wishes for the continued success and progress of the College. May the timeless teachings of Guru Nanak Dev Ji continue to guide the path of knowledge, innovation, and service.



S. Harmeet Singh Kalka

MESSAGES

ਦਿੱਲੀ ਸਿੱਖ ਗੁਰਦੁਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ

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DELHI SIKH GURDWARA MANAGEMENT COMMITTEE

(Statutory Body Estd. under the Delhi Sikh Gurdwaras Act, 1971 of the Govt. of India)
Guru Gobind Singh Bhawan, Gurdwara Rakab Ganj Sahib, New Delhi-110001



S. Jagdip Singh Kahlon

General Secretary DSGMC

“Artificial Intelligence may transform the tools of learning, but it is the teacher who shapes the purpose of knowledge and the character of those who use it.”

It is my privilege to extend warm greetings to the management, faculty, students, and staff of Guru Nanak College of Education on the publication of the Annual Magazine- Ascent 2026.

We stand today at the threshold of a transformative era where Artificial Intelligence and emerging technologies are reshaping education, communication, and the very nature of knowledge itself. In such a rapidly evolving landscape, the role of educators becomes even more significant. Technology can provide information, but it is the teacher who cultivates wisdom, curiosity, and the ability to think critically and ethically.

The timeless teachings of Guru Nanak Dev Ji remind us that true knowledge must guide humanity toward truth, humility, and service. As future educators prepare themselves for classrooms that are increasingly digital and interconnected, it is essential that they also remain grounded in values that promote compassion, inclusivity, and social responsibility.

Guru Nanak College of Education deserves appreciation for its progressive vision in preparing aspiring teachers who are not only technologically aware but also deeply committed to the ideals of holistic and value-based education.

I congratulate the editorial team and all contributors for their commendable efforts in bringing out this edition of the magazine. I wish Guru Nanak College of Education continued success in nurturing enlightened educators who will shape the future with knowledge, integrity, and a deep sense of service.



S. Jagdeep Singh Kahlon



MESSAGES

ਦਿੱਲੀ ਸਿੱਖ ਗੁਰਦੁਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ

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DELHI SIKH GURDWARA MANAGEMENT COMMITTEE

(Statutory Body Estd. under the Delhi Sikh Gurdwaras Act, 1971 of the Govt. of India)
Guru Gobind Singh Bhawan, Gurdwara Rakab Ganj Sahib, New Delhi-110001



S. Harvinder Singh KP
Sr Vice President DSGMC

It is a matter of great pleasure for me to extend my warm greetings and best wishes to the management, faculty, students, and staff of Guru Nanak College of Education on the release of the Annual Magazine-Ascent 2026.

We are witnessing a remarkable transformation in the field of education as emerging technologies, particularly Artificial Intelligence, continue to reshape the ways knowledge is created, shared, and applied. In such times, the responsibility of teacher education institutions becomes even more significant. They are entrusted with preparing educators who can confidently embrace innovation while nurturing critical thinking, creativity, and ethical responsibility among learners.

Guru Nanak College of Education has consistently demonstrated its commitment to this vision by preparing aspiring teachers who are equipped to engage with the evolving educational landscape while remaining firmly grounded in values inspired by the teachings of Guru Nanak Dev Ji. Such an approach ensures that technology becomes a powerful instrument for learning and progress while the human spirit of education continues to guide its purpose.

I congratulate the editorial team and all contributors for their dedicated efforts in bringing out this edition of Ascent 2026, which reflects the vibrant academic culture and collective enthusiasm of the institution. I extend my sincere wishes for the continued success and growth of the College in its pursuit of excellence in teacher education....!!



S. Atma Singh Lubana
Vice President DSGMC

The journey of education is not merely about acquiring information; it is about awakening the inner potential of individuals and guiding them toward wisdom and meaningful contribution to society. It is therefore heartening to witness Guru Nanak College of Education striving to nurture minds that are thoughtful, responsible, and open to new possibilities.

In an era where Artificial Intelligence and technological innovation are rapidly influencing the educational landscape, teachers are entrusted with an even greater responsibility. They must not only familiarize themselves with emerging tools and digital advancements but also ensure that learning continues to be guided by reflection, empathy, and ethical awareness. Technology may transform the methods of teaching, but the spirit of education will always remain deeply human.

Guru Nanak College of Education has consistently demonstrated its commitment to preparing aspiring educators who are capable of balancing innovation with values and professionalism with purpose. Such an approach strengthens the foundation of education and prepares teachers who can inspire future generations.

I extend my heartfelt congratulations to the editorial team and contributors for bringing out the latest edition of Ascent 2026. My best wishes to the entire college community for their continued efforts in nurturing enlightened and responsible educators for the years ahead.



S. Jasmain Singh Noni
Secretary DSGMC

Education today stands at a fascinating crossroads where innovation, creativity, and technology are rapidly reshaping the way knowledge is shared and experienced. For young educators and aspiring teachers, this is an exciting time—one that presents immense opportunities to rethink traditional methods of teaching and embrace new tools that make learning more engaging, inclusive, and meaningful.

With the growing influence of Artificial Intelligence and digital platforms in education, the role of teachers is evolving in remarkable ways. Future educators are not only facilitators of knowledge but also mentors who guide students in navigating information, thinking critically, and using technology responsibly. Institutions that prepare teachers for this dynamic future play a crucial role in shaping the direction of education itself.

Guru Nanak College of Education deserves special appreciation for its forward-looking approach in mentoring student teachers who are confident, adaptable, and ready to meet the challenges of an ever-changing educational environment. By encouraging innovation while nurturing strong professional values, the College continues to empower young educators to become thoughtful leaders in their field.

I warmly congratulate the editorial team and all contributors for bringing out this vibrant edition of Ascent 2026. My best wishes to the entire college fraternity for their continued journey of learning, growth, and excellence....!!

MESSAGES

ਗੁਰੂ ਨਾਨਕ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ

GURU NANAK COLLEGE OF EDUCATION

Unit of Delhi Sikh Gurdwara Management Committee
(affiliated to GGSIP University, approved by NCTE, accorded by NCMEI, ISO 21001:2018)



S. Inderjit Singh Monty
Chairman GNCE

It is a matter of great pleasure for me to extend my warm greetings to the entire fraternity of Guru Nanak College of Education on the release of their Annual Magazine- Ascent 2026.

Having recently assumed the responsibility of serving as the Chairman of this esteemed institution, I feel particularly delighted to witness the dedication with which the College continues to move forward on the path of academic excellence. Every visit to the campus leaves a lasting impression on me—the vibrant atmosphere, the enthusiasm of the students, and the unwavering commitment of the faculty collectively reflect the progressive spirit that defines Guru Nanak College of Education.

The College has consistently shown its commitment to nurturing educators who combine knowledge with innovation and professionalism with a sense of responsibility toward society. It is truly encouraging to see the institution striving tirelessly to provide meaningful learning experiences that prepare future teachers for the challenges and opportunities of the contemporary educational landscape.

I extend my heartfelt wishes to the Principal Madam- Dr. Jyoti Bhalla, staff, and students of GNCE for continued success and many more achievements in the years to come. May the College continue to flourish as a Centre of Excellence in Teacher Education.



S. Inderjit Singh Monty

MESSAGES

ਗੁਰੂ ਨਾਨਕ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ

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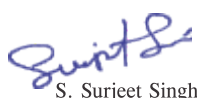
S. Surjeet Singh
Manager GNCE

It gives me great pleasure to share a few words on the occasion of the release of Ascent 2026, the annual magazine of Guru Nanak College of Education. The magazine stands as a vibrant reflection of the academic spirit, creativity, and collective achievements of the students and faculty.

Being closely associated with the college, I have witnessed the sincere efforts that go into nurturing aspiring teachers who are prepared to meet the evolving demands of modern education. Under the dynamic leadership of Dr. Jyoti Bhalla, the College continues to create a learning environment that encourages innovation, critical thinking, and professional growth.

In an era where Artificial Intelligence and emerging technologies are transforming the educational landscape, it is encouraging to see Guru Nanak College of Education preparing future educators to adapt to these advancements while maintaining the core values of meaningful teaching and learning.

I congratulate the Principal madam, editorial team, faculty members, and students for bringing out this inspiring edition of Ascent 2026, and I extend my best wishes to GNCE for their continued journey towards excellence.



S. Surjeet Singh



Dr. Jyoti Bhalla
Principal GNCE

Bringing out another edition of our annual magazine, Ascent 2026, fills my heart with immense pride and deep gratitude. For me, this magazine is not merely a compilation of articles, achievements, and activities; it is a living reflection of the passion, perseverance, and collective spirit that defines the Guru Nanak College of Education family.

Each academic year brings new aspirations, challenges, and milestones. What makes this journey meaningful is the unwavering dedication of our faculty members, the enthusiastic participation of our students, and the constant encouragement extended by the Governing Body of the College along with the immense support of DSGMC and invaluable guidance from GGSIP University. Their faith in our shared vision has enabled us to continue strengthening the College as a nurturing space for learning, creativity, and professional growth.

We are living in an era where Artificial Intelligence and digital advancements are transforming the educational landscape in remarkable ways. As a teacher education institution, it is our responsibility to ensure that our aspiring educators are not only aware of these emerging developments but are also prepared to use them thoughtfully and responsibly. At Guru Nanak College of Education, we strive to cultivate educators who can confidently embrace innovation while preserving the human values that lie at the heart of meaningful teaching and learning.

The vibrant initiatives, academic engagements, and creative expressions documented in Ascent 2026 beautifully capture the energy that resonates across our campus. Every page reflects the sincere efforts of individuals who believe in learning as a continuous and collaborative journey.

I extend my heartfelt appreciation to the editorial team, faculty members, staff, and students whose dedication has made this publication possible. My gratitude also goes to the members of DSGMC and our Governing Body for their constant guidance and support.

As we move forward, I hope that Guru Nanak College of Education continues to inspire aspiring teachers to lead with knowledge, compassion, and integrity. May Ascent 2026 serve as a reminder of the remarkable journey we share and the many heights we are yet to achieve together.



Jyoti Bhalla

“A Vision Shared: GNCE on the Grand Stage”

A retrospective of Guru Nanak College of Education’s active engagements with leadership across the Nation and State. These glimpses capture our ongoing commitment to bridging institutional growth with community excellence, cultural preservation, and national progress.

GOVERNANCE | National Horizons



SYNERGY | Administrative Dialogue



ALLIANCE | State Partnerships



✦ COLLABORATION | Legislative & Ministerial Dialogue



👉 LEADERSHIP | Community Guidance & Representation



MANAGEMENT | Institutional Stewardship & Strategy



GUARDIANSHIP | Public Safety & Civic Relations



✦ HARMONY Spiritual Devotion & Sacred Traditions



🎓 NURTURE Empowering Youth & Value



🌈 CAMARADERIE | Celebrating Milestones & Shared Joy



SEMINARS

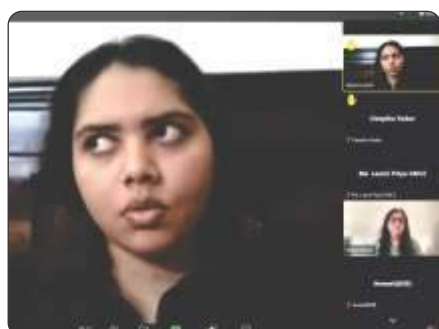
Glimpses of Different Childhoods in India 30.10.2025 , Prof. M.C. Sharma, Director, Teacher Education Project, UNICEF



Ride Safe Awareness Seminar 20.02.2026, Delhi Traffic Police & Hero MotoCorp



Career Talk 02.03.2026 Ms. Shipra Grover, Mahindra Pride Classroom – Chetana Education



POSH Sensitization and Training 27.04.2026, Dr. Jyoti Bhalla, POSH Certified Trainer



WORKSHOPS

Drama and Theatre 15.10.2025 Mr. Lucky Kataria, Theatre Instructor



Celebration of Iconic Cultural figures 15.10.2025 Mr. Lucky Kataria, Theatre Instructor



Working in Groups 15.10.2025 Mr. Lucky Kataria, Theatre Instructor



Art & Craft 02.02.2026 - 03.02.2026 Ms. Asha, Pidilite



Origami 23.02.2026 Mr. Rajinder Rai



WORKSHOPS

Significant Experiences in Life 03.09.2025



Mindfulness 03.09.2025



Understanding the Self 01.10.2025



Journal writing 01.10.2025



Learning to Observe 01.10.2025



Bloom's Taxonomy 19.01.2026



SHORT TERM CONTINUED EDUCATION

Vocational Counseling 24.11.2025



Behavioral Objectives 12.01.2026



Assistive Devices in Inclusive Classroom 20.03.2026



Habits of Mind 29.01.2026



Role Play 12.03.2026



Reflection on School Experience 29.01.2026



SKILL DEVELOPMENT PROGRAMME

Van Mahotsav July 2025



TLM WORKSHOP 09.02.2026



How to write a Research Paper 03.11.2025



Cultural Performances 08.04.2026



PLACEMENT OFFICE



Ms. Raunika
Placement Officer



Ms. Reha
Placement Officer



Placements give students the opportunity to gain skills specific to their subject or industry of choice as well as the employability skills required for real-life work.

Guru Nanak College of Education also has a Placement Office and it provides various opportunities to the students so that they can experience interviews and group discussions for their upliftment.

VISIT BY PLACEMENT AGENCIES

- I. No. of Companies visited the campus : 10
- ii. No. of placements offered : More than 200
- iii. Average salary offered : Salary as per norms

Number of Companies visited	10	1. The Orchid International 2. Sanskriti School 3. Akal Academy 4. Asha Early Learning Centre 5. Maxfort Public School 6. Mount Abu Public School 7. Naandi Foundation 8. DSGMC 9. STEM 10. NCS Portal
Number of Placements offered		> 80%
Placement Drives	15	1. 12.01.2026: How to be Unique 2. 13.01.2026: Model to Mould 3. 14.01.2026: Significance of Setting a Goal 4. 15.01.2026: How To Make a PowerPoint Presentation Interesting 5. 16.01.2026: Teamwork vs. Collaboration 6. 19.01.2026: Classroom Management Skills 7. 20.01.2026: How To Start a Group Discussion 8. 21.01.2026: Industry Readiness-I 9. 22.01.2026: Industry Readiness-II 10. 23.01.2026: Employability Skill Training 11. 27.01.2026- 28.01.2026: Mock Interview 12. 02.03.2026: Career Talk 13. 10.03.2026: Sanskriti School, New Delhi 14. 11.03.2026: K12 The Orchid International School 15. 15.04.2026: Akal Academy

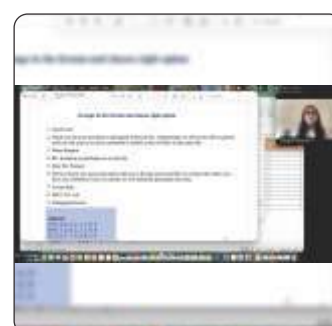
PLACEMENT DRIVES

12.01.2026: How to be Unique



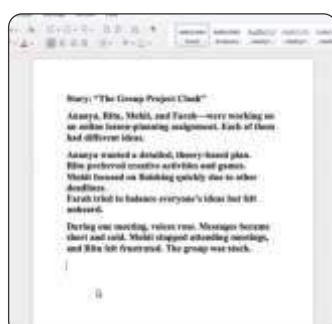
13.01.2026: Model to Mould

14.01.2026: Significance of Setting a Goal



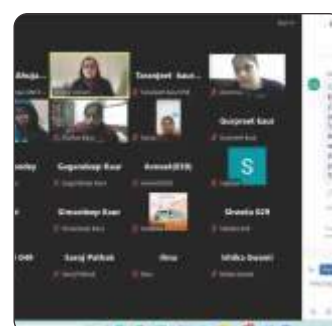
15.01.2026: How To Make a PowerPoint Presentation Interesting

16.01.2026: Teamwork vs. Collaboration



19.01.2026: Classroom Management Skills

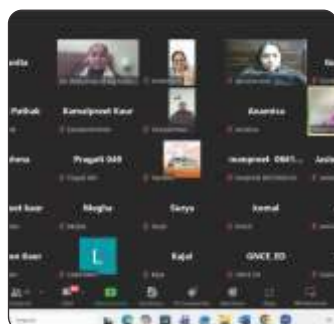
20.01.2026: How To Start a Group Discussion



21.01.2026: Industry Readiness-I

PLACEMENT DRIVES

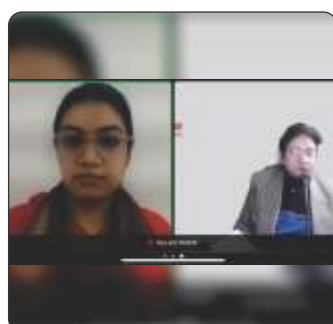
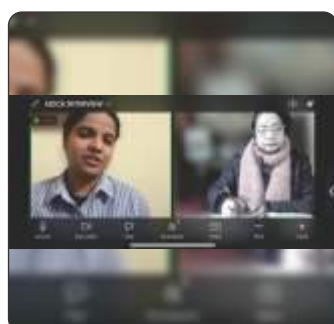
22.01.2026: Industry Readiness-II



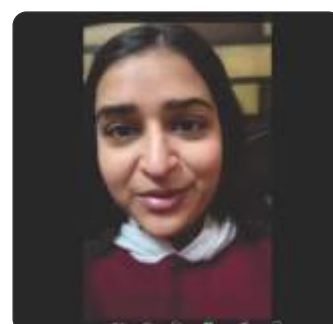
23.01.2026: Employability Skill Training



27.01.2026- 28.01.2026: Mock Interview



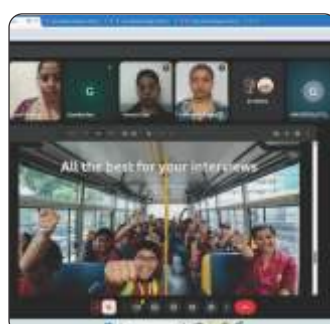
02.03.2026: Career Talk



10.03.2026: Sanskriti School, New Delhi



11.03.2026: K12 The Orchid International School



15.04.2026: Akal Academy





GURU NANAK COLLEGE OF EDUCATION

(unit of Delhi Sikh Gurdwara Management Committee)

Road No. 75, West Punjabi Bagh, New Delhi-110026



STUDENTS PLACEMENT

B.Ed. PROGRAMME BATCH 2023-2025



RAMNEEK KAUR ALAG
06512902123
Academic Coach



GUDIYA YADAV
00712902123
TGT Sciences, New Holy World School



JAPNEET KAUR
01612902123
TGT Punjabi, Dashmesh Public School



ADITI
01312902123
PRT English, Kamal World Sc. Sec. School



RUBINA
01612902123
PRT Hindi, Divine Happy Sc. Sec. School



AMANDEEP SINGH
01912902123
PRT Physics, DIPS Punjabi Bagh



MEGHA GOEL
02012902123
PRT Political Science, Banasthali Public School



SHRUTI ATTRI
02112902123
Maths trainer, Bhanza (Tech company)



NIKITA
02312902123
TGT English, GD Goenka Public School



DASHMEET KAUR
02412902123
PRT Social Science, S. Jassa Singh Ramgarhia School



RAMANDEEP KAUR
02512902123
Nursery Teacher, Madhuban School



AAFREEN
02712902123
TGT Social Science, Dashmesh Public School



PRAVGUNN KAUR
02812902123
PRT English, Central Academy International School



ISHU GUPTA
03112902123
PRT English, Orchids International School



YUKTI RANI
03212902123
TGT English, Orchids International School



MANSHI
04012902123
TGT Science, Lakshya Public School



DHHEEKAA SINGH
04212902123
TGT Science, Arya Model School



HARSHPREET KAUR
04312902123
Content Development Editor, BTB Publications



PRIYANKA
04412902123
Academic Coach



JAPNEET KAUR
04512902123
PRT English, PTL Public School



VANSHI MENDIRATTA
04612902123
TGT German, Bal Bharati Public School



MANJOT KAUR
04812902123
TGT Punjabi, GMP's India Gate



GURPREET KAUR
05012902123
Academic Counselor, St. Lawrence Convent School



DIMPLE SHARMA
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TGT Maths, Rahimani Devi Public School



SWATI JHA
05812902123
PRT English, Jain Bharti Model School



SIMARPREET KAUR SETHI
05912902123
PRT Maths, Cambridge Foundation School



MANJOT KAUR
06012902123
TGT Economics, Kapra Public School



ABHILASHA CHHETRI
06212902123
PRT Science, Kamal Model School



TAVLEEN KAUR
06312902123
TGT English, St. Mary's Senior Secondary School



SRISHTI NAGPAL
06412902123
PRT Maths, Richmond Global School



KIRTI VERMA
06512902123
Academic Coach



JASLEEN KAUR
06612902123
Lead Trainer, Bhanza



GURLEEN KAUR
06812902123
PRT, St. Marks Sr Sec Public School



MANSI KAMAL
07012902123
Co-Teacher, Genesis Global School



MUSKAN
07312902123
PRT, Shiv Model Junior Sr. Sec. School



MANSI ARORA
07412902123
PRT, Yashvanti Model School



GURMEET KAUR
07512902123
Asst. Teacher, Andhra Education Society



HIMANSHI JANGHU
07612902123
TGT Social Science, S.A. Net School



SANJANA GUPTA
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Academic Coach, Vileva Academy



HARSHITA JOSHI
07912902123
TGT English, K.R. Nangam



GUNJAN
07912902123
TGT Science, Blooming Dales School



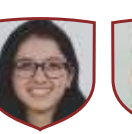
MUSKAN SINGH
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TGT Science, Banasthali Public School



SAUBRAH JHA
07912902123
Sub Editor, Dainik Jagran



NUPUR TIWARI
07112902123
Academic Coach



NEHA DABRAL
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PRT English, Vanasthali School



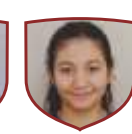
DIVYOT KAUR
07412902123
CRT Maths, Chowpatty Public School



PREENA
07512902123
PRT Social Science, GD Goenka



MANSI ANAND
07112902123
Assistant Teacher, Kids Zone



ANJALI TANWAR
07512902123
PRT Sanskrit & English, Orchids International School



GURLEEN KAUR
07512902123
PRT Maths, Guru Nanak Public School

CAREER GUIDANCE FAIR- DSGMC

01.05.2026-02.05.2026





NATIONAL SERVICE SCHEME (NSS)



Dr. Charu Sethi
Programme Officer, NSS

NSS Day
24.09.2025

NSS Orientation
14.11.2025



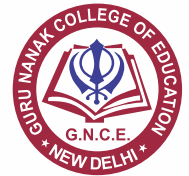
Swachhata Hi Sewa
03.10.2025

Plantation Drive
July 2025





NATIONAL SERVICE SCHEME (NSS) SPECIAL CAMP



Shiksha Abhiyan Educational Society



Kaalki Foundation

Shiksha Foundation



Vikara Foundation



Apna Gaon Apna Desh AGAD Foundation



MIMA Mera India Mera Adhikar NGO



Balwatika, Kanhaiya Nagar



Bangla Sahib Gurdwara



Fateh Nagar Gurdwara



DSPCA Development and welfare





NATIONAL SERVICE SCHEME (NSS) SPECIAL CAMP



Saksham Rozgar Society



Gaushala Nangloi



Timarpur Slum Area



Shahdara Slum Area



Dog Park, Dwarka Sec-22



JJ Park Hastal Village



Reap Benefit NGO



Basai Darapur





NATIONAL SERVICE SCHEME (NSS) SPECIAL CAMP



Mark Gregorios Church



Patrachar slums-Timarpur



Sthanam Foundation



Dadri Park, Greater Noida



Sada Shiv Balajimanavsewa Trust



Madhu Vihar Slum Area



Madipur Slum Area



Tagore Garden Gurdwara





NATIONAL SERVICE SCHEME (NSS) SPECIAL CAMP



Prayog Vihar, Hari Nagar



Anganwadi Nangloi



Malka Ganj Slum Area



Azadpur-lal Bagh Slum Area



Veer Savarkar Park



Samridhi Charitable



Enlightened Kumud Trust



Nanak Piao Gurudwara Model Town





NATIONAL SERVICE SCHEME (NSS) SPECIAL CAMP



Shikshaly NGO



Olvla School Bareilly



Ananya Foundation



Malka Ganj Kabir Basti



Mahavir Enclave Slum Area



Gurudwara Nanak Piao sahib



Best NGO



Punjabi Bagh Slum Area





NATIONAL SERVICE SCHEME (NSS) SPECIAL CAMP



West Delhi Paschim vihar



Ashok Vihar Slum Area



Shyam Vihar phase -1, West Delhi



Aram Bagh Slum area



Punjabi Bagh Slum Area



Hauz Rani, Malviya Nagar



*National
Service Scheme*

STUDENTS' PERSONALITY DEVELOPMENT ACTIVITIES

Alumni Interaction with Ms. Manjot Kaur, 27.03.2025



Clubs at GNCE

1. Genesis Club
2. Mathlete Club
3. Talent Club
4. Civic Society

Houses at GNCE

1. Baba Ajit Singh Ji House
2. Baba Jujhar Singh Ji House
3. Baba Zorawar Singh Ji House
4. Baba Fateh Singh Ji House

ACTIVITIES

Riddles & Science: Genesis Club
22.04.2026



Mathdoku & Geometrica: Mathlete Club
22.04.2026



Just a Minute & Ad-Mad Show: Talent Club
22.04.2026



Mock Parliamentary Session: Civic Society
30.04.2026



FAREWELL BATCH 2024-26



CELEBRATIONS

Teachers' Day
05.09.2025



Ambedkar Jayanti



Guru Nanak Jayanti
04.11.2025



Lohri
13.01.2026



Women's Day
09.03.2026



Vaisakhi
11.04.2026



MOVIE-SCREENINGS

Shantiniketan
05.09.2025



3 Shades
12.09.2025



Darpan
19.09.2025



The Other Pair
24.10.2024



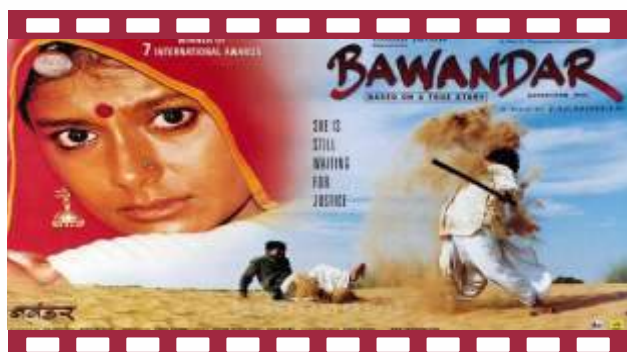
Where knowledge is free
20.02.2026



Water
06.03.2025



Bawandar
9.03.2026



Gender Inequality and Domestic Violence
06.04.2026



ENRICHMENT PROGRAMMES

Book Discussion



Fire Mock Drill



Panel Discussion



Youth Gita Summit



350th Shaheedi Diwas Sri Guru Tegh Bahadur Sahib Ji Red Fort



350th Shaheedi Diwas Sri Guru Tegh Bahadur Sahib Ji Bike Rally



College Events



ENGAGEMENT WITH SCHOOL

Preliminary School Engagement-I



Guru Harkrishan Public School, Punjabi Bagh



Guru Harkrishan Public School, Karol Bagh



Guru Harkrishan Public School, Fateh Nagar

Preliminary School Engagement-II

Guru Harkrishan Public School, Punjabi Bagh



SCHOOL INTERNSHIP-2025

School Internship



Guru Harkrishan Public School,
Karol Bagh



Guru Harkrishan Public School,
Fateh Nagar



Guru Harkrishan Public School,
Tilak Nagar



Guru Harkrishan Public School,
Punjabi Bagh



SGTB Khalsa, Sr. Sec. School
Dev Nagar

Guru Nanak College of Education
Road Number 75, West Punjabi Bagh, New Delhi- 110026
Sikh Minority B.Ed. College
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affiliated to GGSIPU, approved by NCTE, accorded by NCMEI, certified ISO 21001:2018
Programme B.Ed.,



“Service to Humanity”

Address- Road. No.- 75, West Punjabi Bagh, New Delhi 110026
Contact-011-25223342, 011-49875715

Email- gncedelhi@yahoo.com, LMS login ID- <http://lms.gncedelhi.org/>

Visiting time to meet Teachers/ Office/Principal- 3:30-4:30 PM

Student GNCE Timings: 9:00 am to 4:00 pm

Students' Code of Conduct:

- Carry I-Cards to college every day or whenever representing the college in school/functions/competitions etc.
- Discipline and punctuality are integral to success. Follow college timings. Attend your classes regularly and join on time.
- Attending college assembly is mandatory. GNCE is a Sikh minority college so carry a scarf to cover your head during assembly.
- Be regular in attending your classes and Students not having a minimum of 80% attendance during semesters I, II, and IV will be barred from appearing in the Semester Examinations. During School Internship in Semester III, a minimum of 90% attendance is mandatory. (NCTE Regulations 2014).
- In case of the requirement of taking leave, prior permission is to be taken by submitting a written application duly signed by the parents. Please note: College holds the right to accept or reject the 'leave' applied for.
- Half-day leaves are not allowed in college. In case of an emergency, an application has to be submitted. College holds the right to accept or reject the 'half day leave' applied for depending upon the situation.
- Come to the College in proper and decent attire. Hair should be tied decently. Flashy, not decent, inappropriate, distracting for other college/school students jewellery and clothes are not allowed.
- Respect your fellow classmates, senior students as well as your teachers. Use only courteous and polite language and behave with decorum with the faculty, staff, students, and guests of the College.
- GNCE is your very own institution. Take care of the College property. Any damage to or loss of Furniture, Laboratory equipment, computers, and/or other property of the College will lead to penalisation and strict disciplinary action against the miscreant.
- Take up all assignments, tests, and examinations of the College seriously and try to perform the best. Any tasks assigned to you should be submitted within the given deadline.
- Read notices/circulars displayed on the College Notice Board/Website/Official WhatsApp Groups. Ignorance of not reading any notice/circular displayed shall not be accepted as an excuse for failing to comply with the directions contained in it and the student him/herself shall be responsible for the consequences arising thereof.
- Be responsible for your actions and learn to share and shoulder the collective responsibility of your class.
- College has separate Boys Common Room and Girls Common Room. Kindly use accordingly.
- Use all the resources available in the college judiciously and effectively. The library, canteen, and Common Room could be your learning and interacting hub.
- Take care of your own belongings. Avoid carrying expensive items to the college. The management shall not be held responsible for any loss.
- In case of any problem or confusion, bring the matter immediately to the notice of the concerned teacher. He/She is there to help you in all matters related to your academic and personality development.
- While attending Inter College events and College activities, conduct yourself in such a manner as to bring credit to you and to the Institution.
- In case of any medical emergency inform college faculty/authority immediately.
- Any change in Contact No./Email ID/Address must be immediately informed to the admission in charge and updated in the college record at the earliest.
- Inappropriate conduct may lead to suspension from college.
- The College is your second home.
- Unruly gathering in groups on roads, entrances, classrooms, and corridors is strictly prohibited.
- Smoking and/or consumption of any kind of alcoholic drinks/drugs inside the College is strictly prohibited inside or outside during college hours.
- Students should not involve themselves either directly or indirectly in any form of canvassing either inside or outside the College during their period of study.
- The college fee and its emendation to be accepted without any hassles.
- In case of withdrawal of admission, fee refund will be done in accordance with GGSIPU and College Norms.
- Students should not involve themselves either directly or indirectly in any form of politics either inside or outside the College during their period of study.
- Students should not post any adverse or unwelcoming things regarding college on any social media. Strict disciplinary action will be taken against the student in case of non-compliance.
- Students should not try to instigate/ form unions against the college. Strict disciplinary action will be taken against the student in case of non-compliance.
- Students must not rag and don't be a mute witness to ragging. It is a criminal offense punishable under the Indian Penal Code. Strict disciplinary action will be taken against any student indulging in any form of ragging or Eve-Teasing inside the College premises or outside.
- Students must not use any type of pens, pencils, highlighters, etc to underline or put any mark on the pages of books issued from the library. Do not fold or tear pages. In case you need any particular portion from a book kindly get photocopied. Books are for everyone so be wise and sensible while using them.
- Students must not loiter in the corridor or in the other areas in and around the Campus during your scheduled class hours.
- Use unfair means during tests/examinations will lead to disqualification from exam.
- Student must not copy content in Assignments, files, lesson plans, etc.
- Student must not leave the class or attend it late under the pretext of visiting the library, canteen, office or faculty, etc.

Disciplinary Matters

In case of committing the below-mentioned Misconducts or not adhering to the Code of Conduct, the college will have the right to take any necessary Disciplinary Action against the student from issuing of Warning Letter to withheld Character Certificate, any Reference or Recommendation Letter for future, to the extent of Debar, Suspension, Blacklist from the course.

- Misconducts: Miscellaneous Acts of a student amounting to “Misconduct”-
 - Act or Conduct prejudicial or likely to be prejudicial to the interest of the GNCE, DSGMC, or GGSIPU.
 - Act or Conduct of posting provoking adverse messages/pictures etc on social or other media.
 - Act or Conduct of provoking and instigating fellow students against GNCE, DSGMC, GGSIPU, or any other Authority.
 - Act or Conduct of submitting late college fees or fraudulence related to submission of fees and fine.
 - Late or less attendance
 - Gross Misconduct, acts subversive or discipline, riotous or disorderly behaviour during or outside working hours.
 - Late submission of assignments, practicals/tests, or any other task given by the college.

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Visiting time to meet Teachers/ Office/Principal- 3:30-4:30 PM
Student GNCE Timings: 9:00 am to 4:00 pm

CODE OF CONDUCT FOR (B. ED) PUPIL TEACHERS DURING SCHOOL PSE & INTERNSHIP

Timings as per the allotted School

GENERAL

- Keep your college I-Card every day with you.
 - Be regular and punctual in both offline and online modes of teaching and learning process. 90% attendance is compulsory.
 - Discipline and Decorum should be maintained in both offline and online teaching.
 - School may give any type of work (academic or non-academic) which is to be taken as a learning opportunity. Every work assigned by the school must be taken into the knowledge of the Supervisor by the concerned pupil-teacher when it is assigned.
 - The student-teacher shall conduct herself/ himself with absolute dignity and decorum in his/ her dealing with others. Be respectful and well-mannered towards the supervisor, school coordinators, students, and staff in the school.
 - Formal dress code should be followed in both offline and online modes of teaching.
 - Female pupil teachers should wear formal salwar suits with dupatta. Do not wear sleeveless, cold shoulders, net sleeves, boat neck, etc. Do not wear fancy items, danglers, or attractive and expensive jewellery in online classes or in school. Hair should be tied in either buns or braids always.
 - Male pupil teachers should wear a formal shirt, full trousers, and formal shoes. Students are not allowed to wear jeans and t-shirts in school during the internship. Keep yourself well-groomed.
 - The student-teacher is required to work in cooperation with the supervisor and the school management.
 - In case of any problem, pupil teachers should inform their respective supervisors. Students are not allowed to make decisions by themselves.
 - The college management shall not be held responsible for any disciplinary action taken by the school in case of any misconduct by the pupil-teacher in the school.
 - Maintain and carry your teaching kit including whiteboard, whiteboard markers-coloured and black, duster, demo table, pointer, and other relevant material as per your pedagogy.
 - Do not take leave without permission of the college and half-day leave is not allowed during the school internship.
 - Avoid taking any leave during the school internship. In case of unavoidable reasons, prior approval in writing should be obtained before proceeding on leave.
 - In case of planned leave, the permission is to be taken by submitting two written applications duly signed by the parents addressed to the school and college to the respective school supervisors.
 - In case of emergency the leave applications addressed to the school and college must be uploaded on the MS Teams portal well in advance (before 7.00 am).
- Please note: Leave must be applied either a day before or only in case of emergency before 07.00 am, otherwise leave without intimation will be treated as an act of misconduct and will lead to strict disciplinary action against the miscreant.
- The college holds the right to accept or reject the 'leave' applied for.
- Half-day leaves are not allowed in school during the internship. In case of any emergency, an application has to be submitted. College holds the right to accept or reject the 'half-day leave' applied for depending upon the circumstances.
 - In case of leave availed by the student, it's the sole responsibility of students only to maintain required attendance and will receive internship certificates accordingly.
 - If in case the college is closed on any day for any reason and the allotted school is working, pupil teachers will report to their school. If in case the allotted school is closed on any day for any reason, if required the pupil teachers shall be informed in advance to report to the college.
 - If pupil teachers are required to report to college instead of school, on any day other than the specified day, then the same shall be communicated well in advance to the school authorities and Pupil teachers.
 - Sample teaching aids can be issued from curriculum resource centres and laboratories in college for use and reference during the internship. Ensure proper handling and maintenance of proper records of issue and return of the same. Loss or spoiling may lead to a deduction from security money.
 - The pupil teachers should report to school ten minutes before the bell time.
 - The student-teacher should report for classes at least five minutes before the period begins.
 - Lesson Plan checking and discussion regarding record files will be held in college during the college working hours, on one specified day of the week. Students will not be entertained after working hours.
 - Kindly do not request the supervisor or pedagogy teacher to check the lesson plan and record files in and outside the school.
 - Treat your students with courtesy and respect. The use of any kind of corporal punishment is strictly prohibited in school.
 - Keep your lesson plan registers well maintained.
 - Kindly do not request or expect any kind of checking on WhatsApp or mail (except soft copies of record files or others if asked)
 - Only in the case of any unavoidable circumstances like flood, pollution, COVID etc, Lesson plans may be checked on MS Teams. Pupil Teachers will be required to upload the PDF of the Lesson Plans (clearly clicked pictures of Lesson plans and miniatures and convert it into PDF format for uploading on MS Teams).

OFFLINE MODE:

- Reaching the school late will not be tolerated under any circumstances. For every day that the student-teacher is late, he/she will be marked present only for half the day.
- Mobile phones, earphones (with wire or Bluetooth) cannot be used on the school premises. The use of a laptop is allowed in schools only for the presentation of Multimedia lesson plans or completion of practical files and not for personal use.
- Don't stand in groups, talk loudly and roam in the school corridors.
- Don't litter on the campus. A clean and healthy environment will lead to a better tomorrow.
- Take care of your belongings. Avoid carrying expensive items to school and college. The college and school management shall not be held responsible for any loss.
- Take care of the school/college property. Any damage or loss of furniture, laboratory equipment, computers, and/or other property will lead to strict disciplinary action against the miscreant.
- All the pupil teachers are required to enter the classes in pairs. Student who is available during a period will be asked to accompany any student who is allotted a class either for supervision or substitution. No pupil teacher will not go alone in any class.

ONLINE MODE:

- In the case of the online mode of teaching, pupil teachers are required to join the class on time. Proper functioning of Audio, Video, and Internet connectivity should be checked before joining the class. Joining the class late will be considered severe misconduct and Disciplinary Action can be initiated in such a case.
- It is pupil teachers' responsibility to ensure the arrangement of the basic setup required for online teaching. This would include a working laptop/ Computer, speaker, ear/headphones preferably wireless/ Bluetooth, good internet connectivity, white board, markers, black board and chalk.
- In case of any apprehension regarding internet, electrical, and devices, the college students may also avail computer and related ICT facilities from the college. The request regarding the same can be made through proper application.
- For teaching and observing classes online, it is mandatory for all the students to keep the camera ON throughout the class.
- Ensure uninterrupted power supply and internet backup at your place.
- Prepare the setup for teaching online beforehand.
- Ensure proper lighting. White Board should be visible on the screen and placed in such a manner to avoid reflection/ glare on the screen.
- Practice screen-sharing and handling of Multimedia aids beforehand. Develop expertise with the technology to be used in the Teaching-Learning Process.
- Ensure that your surroundings are peaceful, less distracting, and suitable for the teaching-learning process.

CAMPUS TOUR - 13.01.2026



JEWELS OF GNCE

Batch 2024-26



SUPRIYA KUMARI
00112902124



ANJUL
00312902124



ANAMICA
00412902124



ASHMEET KAUR
00712902124



APOORVA JYOTI
00812902124



SURYA KANYAL
01012902124



SAROJ PATHAK
01112902124



SHRUTI
01512902124



ESHA TANWAR
01712902124



MEGHAA. VARGHESE
01812902124



AMANPREET KAUR
02112902124



KAMALPREET KAUR
02412902124



BISMANJIT KAUR
02712902124



PUNITA
02812902124



SHWETA
02912902124



GURPREET KAUR
03712902124



AVNEET KAUR SOHAL
03912902124



ADITHYA PRABAHAKARN
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PRAGATI SHARMA
04912902124



SONALIKA KUMARI
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TARANJEET KAUR
05812902124



GAGANDEEP KAUR
06512902124



SHIKHA
07612902124



NAVEEN MISHRA
50112902124



ADARSH K. CHAUDHARY
50212902124

JEWELS OF GNCE

Batch 2025-27



PRACHI SHARMA
00112902125



SOMIL BANSAL
00312902125



AYUSH ANAND
00412902125



MANSI CHITKARA
00712902125



FAIQA SAEED
00812902125



ANUPAM
01512902125



SIMRAN
01612902125



KAVERI TRIPATHI
01812902125



MEGHA SAINI
01912902125



SUBHASH TIWARI
02012902125



AVNEET KAUR
02312902125



SONAL BANSAL
02612902125



CHETNA KUMARI
03112902125



KASHISH
03412902125



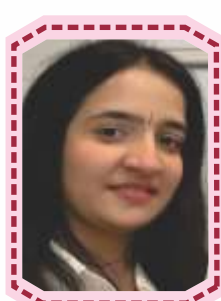
ILA MEHTA
04012902125



SAKSHI
04112902125



JEWEL R. THOMAS
04212902125



CHAHAT SHARMA
04412902125



MAHAK MAHESHWARI
04512902125



SAHNEET KAUR
04612902125

EXEMPLARY PERFORMERS

B.ED. PROGRAMME

Batch B.Ed. Batch 2023-2025 (SEM-IV)

S.N.	ENROL.	NAME	MARKS %	POSITION	THEORY or PRACTICAL
1.	07812902123	Himanshi Janghu	90.22%	I	OVERALL (1st TOPPER)
2.	01312902123	Aditi	89.44%	II	OVERALL (2nd TOPPER)
3.	02112902123	Shruti Attri	87.55%	II	OVERALL (2nd TOPPER)
4.	70212902123	Harshita Joshi	87.55%	III	OVERALL (3rd TOPPER)
5.	01312902123	Aditi	93	III	BED 210 (Gender, School and Society)
6.	07812902123	Himanshi Janghu	89	I	BED 212 (Knowledge and Curriculum: Perspectives in Education)
7.	01312902123	Aditi	95	I	BED 214 (Guidance & Counselling)
8.	02812902123	Pravgunn Kaur	89	I	BED 216 (Environmental Education)
9.	07812902123	Himanshi Janghu	92	I	BED 218 (Creating and Inclusive School)
10.	07812902123	Himanshi Janghu	89	I	BED 232 (Life Skills Education)
11.	70212902123	Harshita Joshi	89	I	BED 232 (Life Skills Education)
12.	70812902123	Divya Rani Verma	96	I	BED 252 (Reflection on School Experience)
13.	03312902123	Veronika	96	I	BED 254 (Drama and Art in Education)
14.	07812902123	Himanshi Janghu	96	I	BED 254 (Drama and Art in Education)
15.	71512902123	Prerna	98	I	BED 256 (NCC/NSS)

B.ED. PROGRAMME

Batch B.Ed. Batch 2024-2026 (SEM-II)

S.N.	ENROL.	NAME	MARKS %	POSITION	THEORY or PRACTICAL
1.	00112902124	Supriya Kumari	89.55%	I	OVERALL (1st TOPPER)
2.	05112902124	Geetika Rao	88.44%	II	OVERALL (2nd TOPPER)
3.	01512902124	Shruti	87.44%	III	OVERALL (3rd TOPPER)
4.	03912902124	Avneet Kaur Sohal	92	I	Learning and Teaching (BED 102)
5.	00112902124	Supriya Kumari	90	I	Contemporary Perspectives in Education (BED 104)
6.	01512902124	Shruti	91	I	Assessment of Learning (BED 106)
7.	05112902124	Geetika Rao	91	I	Assessment of Learning (BED 106)
8.	07512902124	Jasneet Kaur Chauhan	92	I	Experiential Learning (BED 108)
9.	00112902124	Supriya Kumari	92	I	Entrepreneurial Mindset (BED 110)
10.	04512902124	Ilma	82	I	Teaching Of Hindi (BED 116)
11.	06312892124	Rupal Dogra	82	I	Teaching Of Hindi (BED 116)
12.	07912902124	Sushma Kumari	82	I	Teaching Of Hindi (BED 116)
13.	02912902124	Shweta	90	I	Teaching Of English (BED 120)
14.	04912902124	Pragati Sharma	90	I	Teaching Of English (BED 120)
15.	05312902124	Sonalika Kumari	90	I	Teaching Of English (BED 120)
16.	06512902124	Gagandeep Kaur	90	I	Teaching Of English (BED 120)
17.	03912902124	Avneet Kaur Sohal	86	I	Teaching Of Punjabi (BED 122)
18.	05812902124	Taranjeet Kaur	78	I	Teaching Of Mathematics (BED 126)

19.	05312902124	Sonalika Kumari	93	I	Teaching Of Social Sciences (BED 128)
20.	02112902124	Amanpreet Kaur	83	I	Teaching Of Accountancy (BED 132)
21.	02112902124	Amanpreet Kaur	76	I	Teaching Of Business Studies (BED 134)
22.	00712902124	Ashmeet Kaur	84	I	Teaching Of Political Science (BED 136)
23.	01212902124	Aanchal Kumari	74	I	Teaching Of History (BED 142)
24.	00412902124	Anamica	93	I	Teaching Of Integrated Science (BED 144)
25.	01112902124	Saroj Pathak	95	I	Reading and Reflecting on Texts (BED 152)
26.	00112902124	Supriya Kumari	95	I	PSE-II (BED 154)
27.	04912902124	Pragati Sharma	95	I	PSE-II (BED 154)
28.	05112902124	Geetika Rao	95	I	PSE-II (BED 154)

EXEMPLARY PERFORMERS
Batch B.Ed. Batch 2025-2027 (SEM-III)

S.N.	ENROL.	NAME	MARKS %	POSITION	THEORY or PRACTICAL
1	02912902124	Shweta	95%	I	OVERALL (1st TOPPER)
2.	00412902124	Anamica	94.5%	II	OVERALL (2nd TOPPER)
3.	02812902124	Punita	94.5%	II	OVERALL (2nd TOPPER)
4.	04912902124	Pragati Sharma	94.5%	II	OVERALL (2nd TOPPER)
5.	01112902124	Saroj Pathak	94.25%	III	OVERALL (3rd TOPPER)
6.	04912902124	Pragati Sharma	97%	I	BED 251 (INTERNSHIP PART-I)
7.	02912902124	Shweta	97%	I	BED 253 (INTERNSHIP PART-I)
8.	00412902124	Anamica	96%	I	BED 255 (INTERNSHIP PART-II)
9.	01312902124	Varnika Singhal	96%	I	BED 255 (INTERNSHIP PART-II)
10.	02812902124	Punita	96%	I	BED 255 (INTERNSHIP PART-?)
11.	01112902124	Saroj Pathak	95%	I	BED 257 (INTERNSHIP PART-?)
12.	02812902124	Punita	95%	I	BED 257 (INTERNSHIP PART-?)

EXEMPLARY PERFORMERS
Batch B.Ed. Batch 2025-2027 (SEM-I)

S.N.	ENROL.	NAME	MARKS %	POSITION	THEORY or PRACTICAL
1.	03512902125	Kritika Arora	87%	I	OVERALL (1st TOPPER)
2.	00112902125	Prachi Sharma	86.75%	II	OVERALL (2nd TOPPER)
3.	04412902125	Chahat Sharma	85.12%	III	OVERALL (3rd TOPPER)
4.	02012902125	Subhash Tiwari	90%	I	BED 101 (CHILDHOOD AND GROWING UP)
5.	02612902125	Sonal Bansal	93%	I	BED 103 (PHILOSOPHICAL FOUNDATIONS OF EDUCATION)
6.	00112902125	Prachi Sharma	92%	I	BED 105 (LANGUAGE ACROSS THE CURRICULUM)
7.	01212902125	Harmeet Kaur	90%	I	BED 107 (UNDERSTANDING DISCIPLINES AND SUBJECTS)
8.	03512902125	Kritika Arora	98%	I	BED 109 (CRITICAL UNDERSTANDING OF ICT)
9.	00912902125	Iqra Qureshi	91%	I	BED 111 (SCHOOL ORGANISATION AND MANAGEMENT)
10.	00312902125	Somil Bansal	95%	I	BED 151 (UNDERSTANDING THE SELF)
11.	00812902125	Faiqa Saeed	95%	I	BED 151 (UNDERSTANDING THE SELF)
12.	00312902125	Somil Bansal	95%	I	BED 153 (PSE-I)

OUTSIDE VISITS



Suraj Kund Mela 13.02.2026



Dilli Haat 13.02.2026



Science Museum 09.02.2026



Book Fair 18.01.2026



Red Fort 25.11.2025



INTER-COLLEGE COMPETITIONS

Date	Event	Venue	Batch	Student	Achievement
17.10.2025	19th Annual Kirtan Competition 2025	Gurdwara Sri Guru Singh Sabha GK - II	B.Ed 2024-26 B.Ed 2025-27	Kamalpreet Kaur (02612902124) Bismanjit Kaur (02712902124) Gurpreet Kaur (03712902124) Sunmeet Kaur (06112902124) Baldeep Singh (01412902125) Subhash Tiwari (02012902125) Saptarshi Mita (02412902125) Chahat Verma (04412902125)	Participation Participation Participation Participation Participation Participation Participation
17.10.2025	Youth Gita Summit 2025 Level 2	Online	B.Ed 2024-26	Anjul (00312902124) Saroj Pathak (01112902124) Nisha Dabral (07212902124) Naveen Mishra (50112902124) Adarsh Kumar Chaudhary (50512902124)	Selected for Finals Selected for Finals Selected for Finals Selected for Finals Selected for Finals
29.10.2025	20th Annual Sports Meet Shot Put (Men)	GGSIU	B.Ed 2025-27	Shyam Kishan Yadav (03912902125)	Participation
29.10.2025	20th Annual Sports Meet Badminton (Men)	GGSIU	B. Ed 2024-26 B.Ed 2025-27	Sidharth Vardhan (00612902125) Baldeep Singh (01412902125) Sudhir Kumar Chaudhary (04712902124)	Participation
29.10.2025	20th Annual Sports Meet Badminton (Women)	GGSIU	B.Ed 2025-27	Jewel Rachel Thomas (04212902125) Avneet Kaur (02312902125) Kritika Arora (03512902125)	Participation
29.10.2025	20th Annual Sports Meet 200 m Race (Men)	GGSIU	B.Ed 2024-26	Sudhir Kumar Chaudhary (04712902124)	Participation
29.10.2025	20th Annual Sports Meet Chess	GGSIU	B.Ed 2024-26	Baldeep Singh (01412902125) Deepika Yadav (03612902124) Sudhir Kumar Chaudhary (04712902124) Adarsh Kumar Chaudhary (50212902124)	Participation
29.10.2025	20th Annual Sports Meet March Past	GGSIU	B.Ed 2024-26 B.Ed 2025-27	Shyam Kishan Yadav (03912902125) Baldeep Singh (01412902125) Subhash Tiwari (02012902125) Adarsh Kumar Chaudhary (50212902124) Sudhir Kumar Chaudhary (04712902124) Sidharth Vardhan (00612902125) Nimansha Gupta (04712902125) Megha Saini (01912902125) Pooja (03012902125) Tannu Rohilla (03212902125) Deepika Yadav (03612902124) Saroj Pathak (01112902124) Gunjan Verma (03712902125) Kritika Arora (03512902125) Kashmeen Kaur (04912902125) Avneet Kaur (02312902125) Kaveri Tripathi (01812902125) Harmeet Kaur (01212902125) Palak Vasuja (02512902125) Shikha Kumari (04312902125) Jewel Rachel Thomas (04212902125)	

INTER-COLLEGE COMPETITIONS

Date	Event	Venue	Batch	Student	Achievement
				Yashika Maini (00512902125) Geetika Rao (05112902124) Tanya (03412902124) Gursrishti Kaur (50412902124) Preeti Thakur (50512902124) Tannu Solanki (07012902124) Aastha Singh (03912902124)	Participation
30.10.2025	20th Annual Sports Meet Discus Throw (Women)	GGSIPIU	B.Ed 2024-26	Tanya (03412902124)	Participation
30.10.2025	20th Annual Sports Meet 400 m Race (Men)	GGSIPIU	B.Ed 2024-26	Adarsh Kumar Chaudhary (50212902124)	Participation
30.10.2025	20th Annual Sports Meet 400 m race (Women)	GGSIPIU	B.Ed 2024-26	Deepika Yadav (03612902124)	Participation
30.10.2025	20th Annual Sports Meet 400 m race (Women)	GGSIPIU	B.Ed 2024-26	Saroj Pathak (01112902124)	Participation
30.10.2025	20th Annual Sports Meet Tug of War (Women)	GGSIPIU	B.Ed 2024-26 B.Ed 2025-27	Gunjan Verma (03712902125) Avneet Kaur (02312902125) Kritika Arora (03512902125) Pooja (03012902125) Kashmeen Kaur (04912902125) Tanya (03412902124) Shikha Kumari (04312902125) Saroj Pathak (01112902124) Tannu Rohilla (03212902125)	Participation
30.10.2025	20th Annual Sports Meet 4x100m Race (Men)	GGSIPIU	B.Ed 2024-26 B.Ed 2025-27	Shyam Kishan Yadav (03912902125) Baldeep Singh (01412902125) Adarsh Kumar Chaudhary (50212902124) Sudhir Kumar Chaudhary (04712902124)	Participation
30.10.2025	20th Annual Sports Meet Yogasana (Women)	GGSIPIU	B. Ed 2024-26	Saroj Pathak (01112902124)	Participation
31.10.2025	20th Annual Sports Meet 1500m Race (Men)	GGSIPIU	B. Ed 2024-26	Sudhir Kumar Chaudhary (04712902124)	Participation
05.11.2025	Youth Gita Summit 2025 Finals	Manav Rachna International Institute of Research and Studies, Faridabad	B. Ed 2024-26	Saroj Pathak (01112902124) Nisha Dabral (07212902124) Naveen Mishra (50112902124) Adarsh Kumar Chaudhary (50212902124)	Participation
19.01.2026	Prelims Anugoonj 2026 Clay Modelling	Fairfield Institute of Management and Technology, Bijwasan Road	B. Ed 2024-26	Nisha Dabral (07212902124)	I

INTER-COLLEGE COMPETITIONS

Date	Event	Venue	Batch	Student	Achievement
	Prelims Anugoonj 2026 On the Spot Painting	Fairfield Institute of Management and Technology, Bijwasan Road	B. Ed 2024-26	Bismanjit Kaur (02712902124)	Participation
	Prelims Anugoonj 2026 Collage	Fairfield Institute of Management and Technology, Bijwasan Road	B. Ed 2024-26	Vani Mehra (04212902124)	Participation
	Prelims Anugoonj 2026 Catooning	Fairfield Institute of Management and Technology, Bijwasan Road	B. Ed 2024-26	Apoorva Jyoti (00812902124)	Participation
	Prelims Anugoonj 2026 Rangoli	Fairfield Institute of Management and Technology, Bijwasan Road	B. Ed 2024-26	Tanya (03412902124) Jasneet Kaur Chauhan (07512902124)	Participation
	Prelims Anugoonj 2026 Ms. Anugoonj	Fairfield Institute of Management and Technology, Bijwasan Road	B. Ed 2024-26	Geetika Rao (05112902124)	Participation
20.01.2026	Prelims Anugoonj 2026 Story Telling (English)	Fairfield Institute of Management and Technology, Bijwasan Road	B. Ed 2024-26	Naveen Mishra (50112902124)	I
	Prelims Anugoonj 2026 Story Telling (Hindi)	Fairfield Institute of Management and Technology, Bijwasan Road	B. Ed 2024-26	Diksha (50312902124)	Participation
	Prelims Anugoonj 2026 Debate (Hindi)	Fairfield Institute of Management and Technology, Bijwasan Road	B. Ed 2024-26	Saroj Pathak (01112902124) Anjul (00312902124)	Participation
	Prelims Anugoonj 2026 Poem Recitation (Hindi)	Fairfield Institute of Management and Technology, Bijwasan Road	B. Ed 2024-26	Naveen Mishra (50112902124)	Participation
	Prelims Anugoonj 2026 Poem Recitation (English)	Fairfield Institute of Management and Technology, Bijwasan Road	B. Ed 2024-26	Saroj Pathak (01112902124)	Participation
	Prelims Anugoonj 2026 Just a Minute (Hindi)	Fairfield Institute of Management and Technology, Bijwasan Road	B. Ed 2024-26	Saroj Pathak (01112902124)	Participation
	Prelims Anugoonj 2026 Just a Minute (English)	Fairfield Institute of Management and Technology, Bijwasan Road	B. Ed 2024-26	Naveen Mishra (50112902124)	Participation
	Prelims Anugoonj 2026 Monoacting	Fairfield Institute of Management and Technology, Bijwasan Road	B. Ed 2024-26	Deepika Yadav (03612902124)	Participation
20.02.2026	Essay Competition	Bhai Vir Singh Sahitya Sadan, Gole Market	B. Ed 2024-26 B. Ed 2025-2	Avneet Kaur Sohal (03912902124) 7Gagandeep Kaur (06512902124) Jasneet Kaur Chauhan (07512902124) Avneet Kaur (02312902125)	Participation Participation Participation Participation

INTER-COLLEGE COMPETITIONS



ANUGOONJ 2026

PRELIMS 19.01.2026



PRELIMS 20.01.2026



ANUGOONJ FINALS 2026



INTRA-COLLEGE COMPETITIONS

Date	Event	Venue	Batch	Student	Position
19.09.2025	Shabad	GNCE, New Delhi	B.Ed 2024-26	Gurpreet Kaur (03712902124) Kamalpreet Kaur (02612902124)	Participation
19.09.2025	Host	GNCE, New Delhi	B.Ed 2025-27	Kritika Arora (03512902125)	Participation
19.09.2025	Story Writing	GNCE, New Delhi	B.Ed 2024-26	Gagandeep Kaur (06512902124) Jasneet Kaur Chauhan (07512902124)	I II
19.09.2025	Poem Writing	GNCE, New Delhi	B.Ed 2024-26	Naveen Mishra (50112902124)	II
19.09.2025	Poster Making	GNCE, New Delhi	B.Ed 2024-26	Priya Pandey (05712902124) Kamalpreet Kaur (02612902124) Shivani (02212902124) Saroj Pathak (01112902124)	I II III III
19.09.2025	Slogan Writing/ Caligraphy	GNCE, New Delhi	B.Ed 2024-26	Bismanjit Kaur (02712902124) Gurpreet Kaur (03712902124)	I II
19.09.2025	Video and Quiz	GNCE, New Delhi	B.Ed 2025-27	Baldeep Singh (01412902125) Harpreet Bedi (05212902125)	I
19.09.2025	Extempore	GNCE, New Delhi	B.Ed 2025-27	Yashika Maini (00512902125)	I
19.09.2025	Moral Story Telling	GNCE, New Delhi	B.Ed 2025-27	Yashika Maini (00512902125)	I
01.05.2026	Poem Writing	GNCE, New Delhi	B.Ed 2024-26	Shruti (01512902124) Kritika Arora (03512902125) Saroj Pathak (01112902124) Sonalika Kumari (05312902124) Jewel Rachel Thomas (04212902125) Ananya Saluja (01312902125)	I II II IV Participation Participation
01.05.2026	Slogan Writing	GNCE, New Delhi	B.Ed 2024-26	Shruti (01512902124)	I
01.05.2026	Mosaic Painting	GNCE, New Delhi	B.Ed 2024-26	Diksha (50312902124)	I

CLUB ACTIVITIES

Date	Event	Venue	Batch	Student	Position
22.04.2026	MATHLETE CLUB Tangram	GNCE, New Delhi	Batch 2025-27	Vaidehi Kumari (02112902125) Devyanshi Bharti (00212902125) Yashika Maini (00512902125) Shyam Kishan Yadav (03912902125) Amrita (02712902125) Mansi Negi (02812902125)	I I II II III III
	MATHLETE CLUB Geometric Design	GNCE, New Delhi	Batch 2025-27	Devyanshi Bharti (00212902125)	I
	MATHLETE CLUB Sudoku	GNCE, New Delhi	Batch 2025-27	Yashika Maini (00512902125)	I
22.04.2026	TALENT CLUB Just a Minute	GNCE, New Delhi	Batch 2025-27	Devyanshi Bharti (00212902125) Yashika Maini (00512902125) Harmeet Kaur (01212902125)	I II II
	TALENT CLUB Ad Mad Show	GNCE, New Delhi	Batch 2025-27	Yashika Maini (00512902125) Ananya Saluja (01312902125) Shyam Kishan Yadav (03912902125)	I I
22.04.2026	GENESIS CLUB Riddles	GNCE, New Delhi	Batch 2025-27	Mansi Negi (02812902125) Yashika Maini (00512902125)	I II
	GENESIS CLUB Visual Scientific talk	GNCE, New Delhi	Batch 2025-27	Devyanshi Bharti (00212902125) Yashika Maini (00512902125) Harmeet Kaur (01212902125)	I II III
30.04.2026	CIVIC SOCIETY Mock Parliament Session	GNCE, New Delhi	Batch 2025-27	Kaveri Tripathi (01812902125) Yashika Maini (00512902125) Subhash Tiwari (02012902125) Ila Mehta (04012902125)	I I II III

INFRASTRUCTURAL FACILITIES

GROUND FLOOR

Room No 1	Principal's Room
Room No 2	Reception
Room No 3	Generator Room
Room No 4	Administrative Office
Room No 5	Medical Room
Room No 6	Pantry
Room No 7	Staff Room
Room No 32	Bala Pritam Auditorium

FIRST FLOOR

Room No 8	Sudha Chandran Inclusive Education Resource Centre
Room No 9	Rabindranath Tagore Language Lab
Room No 10	Class Room
Room No 11	Bhai Gurdas Ji Conference Hall
Room No 12	Aryabhatta Curriculum Resource Centre for Maths
Room No 13	Girls Common Room
Room No 14	Placement Office
Room No 15	Dr. Jean Piaget Educational Psychology Lab
Room No 16	Maha Kavi Bhai Santokh Singh Seminar Hall

SECOND FLOOR

Room No 17-18	Baba Kahan Singh Nabha Library
Room No 19	Sundar Pichai ICT Resource Centre
Room No 20	Store Room
Room No 21	Dr. Kalpana Chawla Curriculum Resource Centre for Science
Room No 22	Bhagat Puran Singh Curriculum Resource Centre for Social Science
Room No 23	Amrita Sher Gil Art & Craft Resource Centre
Room No 24	Bhagat Singh Personality Development Laboratory
Room No 25	Boys Common Room
Room No 26	Bhai Mardana Ji Music Room
Room No 27	S. Milkha Singh Health and Physical Education Resource Centre
Room No 28	Class Room
Room No 29	Class Room
Room No 30	Class Room
Room No 31	Class Room



Sexual harassment includes any one or more of the following unwelcome acts or behavior (directly or by implication): 1. Physical contact or advances 2. A demand or request for sexual favours 3. Making sexually coloured remarks 4. Showing pornography 5. Any other unwelcome physical, verbal and non-verbal conduct of a sexual nature <i>Sexual Harassment of Women Employees and Students at Higher Educational Institutions (Prevention, Prohibition and Redressal) Regulations, 2015</i>	How to write a complaint? 1. Your Name 2. Description of Incident 3. Details of Respondent 4. Any witness
For any incident/ complaint please contact: 9311443210, 9871401597	Drop the complaint in complaint box

STUDENTS' GRIEVANCE REDRESSAL CELL

Man becomes great exactly in the degree in which he works for the welfare of his fellow-men

— Mahatma Gandhi

Under clause 3 (ii)(d) of Statute 24 and in terms of Ordinance No. 32 of the GGSIPU Act No. 09 of 1998, the College has set up the **Students' Grievance Redressal Cell** with an objective to maintain cordial, warm and confidence building relationship with the students in the advisory.

Under **Students' Grievance Redressal Cell** the grievances of the students are received, considered and addressed with the perspectives of the welfare of the students.

Students' Grievance Redressal Cell

S. No.	Name	Designation	Contact Details	Email ID
1.	Dr. Jyoti Bhalla	Convener (Principal, GNCE)	9311443210	principalgnce@gmail.com
2.	Dr. Vijay Pathak	Psychiatrist	9945852533	drvijaypathak@gmail.com
3.	Ms. Swati Sharma	Psychologist	9873324571	swatibeled@gmail.com
4.	Dr. Prabhjot Kaur	Students Counsellor	9818899566	dr_kaur@yahoo.com
5.	Ms. Kavita	Faculty Representative (Member Discipline)	9899987963	gnce.assitprof7@gmail.com
6.	Dr. Charu Sethi	Faculty Representative	9871401597	gnce.assistprof1@gmail.com
7.	Mr. Pradip Kumar Singh Ms. Shila Devi	Parent Representative (Parents of Pupil Teacher Ms. Supriya Kumari)	8802117998 8882362543	Pandasingh2906@gmail.com
8.	Ms. Geetika Rao 05112902124	Student Representative (Pupil Teacher, GNCE)	9773769083	Geetika12b@gmail.com
9.	Ms. Supriya Kumari 00112902124	Student Representative (Pupil Teacher, GNCE)	8076002335	Pandasingh2906@gmail.com
10.	Ms. Apoorva Jyoti 00812902124	Welfare & Wellness Coordinator (Pupil Teacher, GNCE)	8826891394	Apoorvajyoti2000@gmail.com

Counselling @ GNCE

GNCE Empanelled Mental Health Professionals



Dr. Vijay Pathak
Psychiatrist



Ms. Swati Sharma
Psychologist



Dr. Prabhjot Kaur
Counselor

ORIENTATION

School Internship 09.07.2025



Text Book Review TBR 11.07.2025



Achievement Test Report ATR 11.07.2025



B.Ed. Orientation 08.08.2025



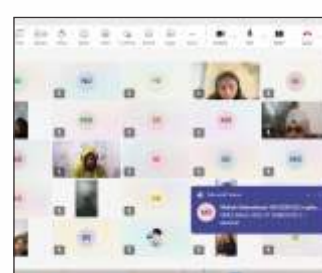
PSE-1 14.10.2025



PSE-2 13.01.2026



Micro Teaching Skills 09.01.2026 – 10.01.2026



INSIGHTS THAT MATTER



Sneak Peak into GNCE

Herwita Jolly
K.J. Somaiya Institute of Management Studies
Guru Nanak College of Education - GNCE

- Library Services, Books Are In Ample Amount, E- Library Facility Is Also Available.
- College Will Send You On Internship On Their Own
- College Has Their Own Learning Management System

Faculty: 1. All the teachers explain very well and knowledgeable. The quality of teaching is at par and teachers take pains to get the topics done and make the students understand. 2. The curriculum is very relevant as it makes all the students future ready. 3. The semester exams are tough and require the students to thoroughly go through the syllabus.

Justdial
<https://www.justdial.com/Delhi>

Guru Nanak College Of Edu In Purjabi Bagh,Delhi

Guru Nanak College Of Edu In Purjabi Bagh,Delhi listed under Colleges in Delhi. Rated 4.3 based on 88 Customer Reviews and Ratings.

4.3 ★★★★★ (88)

What users liked:

- Experienced and knowledgeable faculty
- Good infrastructure with WiFi enabled campus
- Supportive and motivating staff
- Provides good learning material and real-time projects
- Encourages participation in extracurricular activities

B Ed in GNCE, Purjabi Bagh

Aravind Kumar
K.J. Somaiya Institute of Management Studies
Guru Nanak College of Education - GNCE

Course Curriculum Overview

The course is well-structured and similar to other colleges under UP University. The course covers all the essential subjects as well as focuses on preparation for the job and entry level and provides the students an insight. The course is of 3 years and has internal and external examinations in all four semesters.

Placement Experiences

The college does not imparting direct and placements after the college. The college provides various private and government colleges to train for. The placements are also good and students are placed in reputed schools like UOI and Modern Public School.

Fee Structure And Facilities

The fee structure is flexible and depends on the facilities provided by the college facilities. The college provides a good learning, lab, cafeteria, library and a playground. The fee for each year is ₹2,00,000 and ₹1,50,000 for the 2nd and 3rd year.

Hostel Facilities

Some students are accommodated in the college. The college provides a good learning, lab, cafeteria, library and a playground. The fee for each year is ₹2,00,000 and ₹1,50,000 for the 2nd and 3rd year.

Faculty

The faculty of the college is highly qualified and helpful. The students are happy and ready to study the students in each. Some of the teachers are also providing the students in real-time projects to help the students.

Shiksha
<https://www.shiksha.com/c-college>

Guru Nanak College of Education, Delhi: Courses, Fees, Placements, Ranking ...

Guru Nanak College of Education has been rated 4 for faculty as per reviews by students. This shows that institute has qualified and experienced faculty.

Dr. Raj Kaur Teacher of Education
(B.Ed.) - Batch of 2020
Reviewed on 19 Jul 2021

collegedunia
College expert Teacher Review Platform

Overall good experience at the college!

Placements: 1. 60% of the students got placed. 2. Average package is 2.4 Lacs to 3 Lacs was offered. 3. Top recruiting schools are New Convent, Maria Model, St. Cecilia, GHPS, 4. 100% students got internships as it is a part of B.Ed programme. 5. PRE, TGT and PGD level teachers are recruited for different subjects like Mathematics, Social Studies and English.

Faculty: Teachers in our college are supportive and well-versed in their field of study. The curriculum is relevant and important for a pupil teacher to become a good future teacher. Curriculum and syllabus include all the skills and abilities in pupil teachers to become good future teachers. Exams are not so hard but completing a single semester in the college is like a roller coaster ride as there are so many assignments and extracurricular activities that don't allow a pupil teacher to live their life peacefully. Weekends are also very hectic in this course.

How this review helped you? 1/5

Word from our alumni

Herwita Jolly
I will never forget the way you have taught us, the activities you have included in your lessons to enhance learning. I especially loved how you have related the lessons to real-life examples to make more logical sense to us. You're not a great example for all of us to follow and it always inspired us to be better people to always strive to do our personal best.
Thank you teachers for your support and guidance.

Aravind Kumar
I would not be where I am in life right now, had it not been for your guidance and advice. Thanks for supporting and enlightening all my way. You have a very special power of inspiring young people like me. My next move teachers like you in our schools and colleges.
All the efforts and hard work you've invested in living and the best in us can never be repaid in more words.
I see you all of success. Thank you!

Mr. Akshay
3 reviews
★★★★★ 6 months ago
This is one of the best colleges for B.Ed. in Delhi. The principal, main and faculty is really very helpful and motivating. Thank you GNCE for always being there for me.

Rishi Shrivastava
1 review
★★★★★ 8 months ago
This college has given me such a beautiful experience in my teaching career. I am very greatful. Great college.

Pushkar Pandey
Local Guide - 68 reviews
★★★★★ 2 years ago
Best college for B Ed if one is inclined specifically towards teaching.

Harnoor chadha
2 reviews
★★★★★ 7 months ago
Outstanding college the work done by the teaching staff is commendable.

nitpreet kaur
3 reviews
★★★★★ 8 months ago
The college provides with great learning material. The teachers are very supportive. Learning experience in this college is amazing.

shravjeet parashar
2 reviews
★★★★★ 8 months ago
Hey! I'm delighted to say that the college provides an amazing learning material and professors. I really like the facility of LMS portal for each student. Best place to be a trained teacher.

GNCE LABORATORIES AND RESOURCE CENTRES

Amrita Sher-Gill Art and Craft Resource centre (AS-ACRC)

Art is unquestionably one of the purest and highest elements of human happiness. It trains the mind through the eye and the eye through the mind. As the sun colours flowers, so does art colour life.

–John Lubbock

Art has a deep meaning in the life of every person as it helps in expressing one's feelings, thoughts and emotions. Amrita Sher-Gill Art and Craft Resource Centre is the attraction of Guru Nanak College of Education as it leads to the enhancement of the aesthetic sense of students.



The idea behind the establishment of this resource centre is to provide scope to the students to discover and further develop their myriad abilities and talents, which may be hidden in their personalities. The students are provided with multiple opportunities to get involved in specially designed art and craft activities, which in turn enhance their skills of observation, reflection, and imagination and promote out-of-the-box thinking.

The pupil teachers of GNCE also have access to the resource materials which are issued for learning different art and craft activities in the college as well as in assigned schools during their Preliminary School Engagement (PSE) and Internship.

GNCE's art and craft resource centre is equipped with a number of resources related to colouring, decorating, woodworking, gardening, framing, clock making, quelling, puppet making, block printing, clay moulding, and different kinds of designing including tie and dye etc.

Aryabhatta Curriculum Resource centre for Mathematics (A-CRCM)



Life is good for only two things, discovering mathematics and teaching mathematics.

– Simeon Poisson

Mathematics plays a crucial role in our day-to-day lives. From morning to evening, one indulges in various activities which require lots of logical reasoning, which is built with basic knowledge of mathematics.

GNCE provides the students with an enriching experience of teaching-learning mathematics through various innovative approaches. Pupil teachers having distinct teaching styles come together to share their ideas and thoughts to make their teaching-learning more effective and efficient.

The Aryabhatta Curriculum Resource Centre for Mathematics at GNCE provides practical experiences to the students that help them to develop different mathematical skills including computation, logical thinking, abstract thinking and many more. It consists of mathematical tools, boards, geometrical shapes, charts, models and flashcards, ACDs, VCDs and DVDs. These resources and materials are issued to the students during their PSE and internship to make their teaching more interactive and interesting in the classroom.

GNCE LABORATORIES AND RESOURCE CENTRES

Bhagat Puran Singh Curriculum Resource centre for Social Science (BPS-CRCSS)

The thoughts of great men are the common heritage of humanity and let our countrymen receive inspiration and guidance from these thoughts.

–Bhagat Puran Singh

The knowledge of social science significantly helps an individual to cultivate various social qualities and attitudes. It guides individuals in deepening their awareness of their surroundings so that they grow into informed and responsible citizens. Bhagat Puran Singh Curriculum resource centre at GNCE is an initiative to promote various social values as well as critical thinking among students.

It is strategically designed and equipped with all the updated resources which can be easily accessed by the students, whenever required. The Resource Centre has a collection of different working as well as stationary models which are often used to support the teaching of social science. It has a wide range of geographical, historical and political maps, CDs, charts, models, working models, e-slides, and Pen slates along with a number of meteorological instruments including an Aneroid Barometer, Thermometer, Rain Gauge, Wind Vane Apparatus and a lot more.



Bhai Mardana Ji Music Room (BM-MR)

Music doesn't lie. If there is something to be changed in this world, then it can only happen through music.

– Jimi Hendrix

Music is the essence of life and therefore, it becomes difficult to imagine life without music. It is universal and enjoyed by individuals from all walks of life. It energises and relaxes our mind, body and soul as it acts as a stress reliever.

GNCE believes in the all-around development of the student's personalities. A day at GNCE commences with the melodies of harmonium during 'Guru Shabad' in the morning assembly. Every student is encouraged to appreciate music as well as to learn to play various musical instruments.



In Bhai Mardana Ji's music room, the seating arrangement and the surroundings are strategic to motivate the students to engage in various co-curricular activities. It houses an array of musical equipment like sound system, music system, microphones, and amplifiers along with a variety of musical instruments like tabla, harmonium, guitar, sitar, tanpura, khadtal, manjeera, flute, mouth organ etc. All these instruments are easily accessible to the students to ensure the development of their musical abilities among them.

These instruments are also issued to the students as they participate in a number of intra, inter-college and university competitions.

GNCE LABORATORIES AND RESOURCE CENTRES

Dr. Kalpana Chawla Curriculum Resource centre for Science (KC-CRS)

Science means constantly walking a tightrope between blind faith and curiosity; between expertise and creativity; between bias and openness; between experience and epiphany; between ambition and passion; and between arrogance and conviction – in short, between an old today and a new tomorrow.

–Henrich Rohre



The need to have knowledge of science is experienced in all facets of life. We are living in the age of rampant technological innovation and thereby, it becomes imperative to enable the students to develop scientific attitudes and train them in scientific skills that are necessary to develop higher mental abilities among the students like critical thinking, problem-solving, reasoning and logical thinking.

GNCE is inculcating these skills in the students with the help of Dr. Kalpana Chawla Resource Centre, which is a well-equipped and well-maintained resource centre with the resource material for the conduction of various experiments. A wide assortment of models, charts, samples, specimens, apparatus and flashcards from all fields of science including Physics, Chemistry and Biology are available in this resource centre to be issued to the students during their Preliminary School Engagement (PSE) and internship to perform scientific activities and experiments in their teaching-learning process.

Baba Kahn Singh Nabha Library (BHSN-L)



Libraries store the energy that fuels the imagination. They open up windows to the world and inspire us to explore and achieve, and contribute to improving our quality of life.

–Sidney Sheldon

To survive in this competitive world, one must have the latest and updated knowledge. A library is one such place where a person can enhance his/her knowledge. It provides a healthy environment for the readers for enhancing their cognitive skills. Baba Kahn Singh Nabha Library at GNCE is established to inculcate the habit of reading amongst students by providing them with a well-equipped, air-conditioned, disturbance-free environment with an appropriate seating arrangement.

It is a technology-enriched library, where the students and staff of GNCE can easily take benefit from OPAC, which is available 24*7. It is fully automated with 'KOHA' software. Digital gate entry is one of the special services provided at the library. It is housed with digitalized documents and reference material and research work, syllabus, and previous years' question papers. There is a reference section that contains encyclopaedias, atlas, dictionaries, directories and handbooks related to their curriculum along with PDF Books, Journals, Research papers, articles, CDs, DVDs etc. A librarian and an assistant are always available in the library to assist the students and the staff members in searching for the required resource material.

GNCE LABORATORIES AND RESOURCE CENTRES

S. Milkha Singh Health and Physical Education Resource Centre (SMS-HPERC)

Discipline, hard work, willpower.... My experience made me so hard that I wasn't even scared of death." But one story reflects his desire clearest.

–S. Milkha Singh

A sound mind dwells in a sound body. Students' all-round development is the sole aim of education at GNCE. Along with intellectual development, students are also provided with a number of facilities for their physical development for drawing out the best in each student.



S. Milkha Singh Curriculum Resource centre is well-equipped with different indoor and outdoor games. A variety of indoor games like table tennis, chess, ludo, carom board, tambola, hoopla rings, puzzles, video games, fun activity crossword puzzles etc. can be played in the HPERC room or the common rooms. Outdoor games like cricket, hockey, volleyball, basketball, football, badminton, skipping, kho-kho etc. can be played in the college playground. Students can get the game equipment issued from the Resource Centre. To further ensure physical fitness, there are gym equipment like rope, dumbbells, weights, machines etc. and for mental well-being, there are yoga mats, timers, belts etc. Yoga and mindfulness workshops are also regularly conducted in the college.

To ensure the well-being of the entire GNCE team, basic medical facilities are available at the campus. A medical bed and a first aid kit are available in the resource centre which is updated at regular intervals. The students, if in need, can easily avail first aid from the college. GNCE has also collaborated with the medical practitioner of Maharaja Agrasen Hospital in case of any emergency.

Sudha Chandran Inclusive Education Resource Centre (SC-IERC)



Inclusive, good-quality education is a foundation for dynamic and equitable societies.

–Desmond Tutu

Inclusive education deals with providing quality education to all, without any discrimination. It emphasizes on providing equal opportunity to all the students including the ones with special needs in the mainstream education system.

To achieve this aim, GNCE has set up the Sudha Chandran Inclusive Education Resource Centre which provides facilities of assistive devices, software, instruments, aids, indicators, equipment,

wheelchairs etc. to assist differently-abled students.

Also, a number of seminars and workshops are conducted from time to time to sensitize the students to the indispensability of values like cooperation, patience, tolerance, empathy, non-discrimination, harmony etc. with the aim of uniting them all in a single thread. The pupil teachers at GNCE are also provided with ample opportunities to be trained to cope up with the diverse needs of the children in their classrooms.

GNCE LABORATORIES AND RESOURCE CENTRES

Sundar Pichai ICT Resource Centre (SP-ICTRC)

We need technology in every classroom and every student and teacher's hand, because it is the pen and paper of our time, and it is the lens through which we experience much of our world.

–David Warlick

With over 750 million internet users, a plethora of fast-growing e-platforms and an increasingly digital-first audience, the all-pervasive impact of technology in India is undeniable. It has been recognised as a critical catalyst for change across sectors including education which underwent a paradigm shift in the last two years due to the COVID-19 pandemic.



Sundar Pichai ICT Resource Centre at GNCE has been thoughtfully named after Google CEO- Sundar Pichai who is an Indian technocrat. GNCE is taking a number of initiatives to widen the use of ICT in education, wherein the students and the faculty now gather, access, analyse, display and transfer information in the most innovative ways through software and applications like MS Teams, LMS, etc. SP-ICTRC has updated technology with a fair number of computers. It is well equipped with technological devices like the latest hardware, software, screens, laptops, desktop, LCD projectors, DVD players, Smartboard, headphones, amplifier, e-slate etc.

Shaheed Bhagat Singh Personality Development Lab (BS-PDL)

Let your creative and imaginative mind run freely; it will take you places you never dreamed of and provide breakthroughs that others once thought were impossible.

–Idowu Koyenikan

Personality is the psychophysical system of the individual which includes both internal as well as external traits. As every individual is unique, so is his/her personality. GNCE believes in the holistic development of the personality of students.



Here, students are provided with a healthy and positive environment for grooming their personalities along with an effort to complement their development.

GNCE's Bhagat Singh Personality Development lab is equipped with a number of resourceful books, magazines, Personality tests, CDs, DVDs and other essential material for the students to enhance their personalities.

The college provides a number of opportunities for the students to inculcate attitude, aptitude, traits, good manners, etiquette, good habits and much more so that they can easily adjust themselves to any society. Different personality development programs like intra and inter-college competitions, seminars, conferences, and workshops are organized by the college from time to time. The students are encouraged to participate in these activities for their overall personality development wherein, the students are given first-hand experience to nurture their personalities.

GNCE LABORATORIES AND RESOURCE CENTRES

Dr. Jean Piaget Educational Psychology Lab (JP-EPL)

Teaching means creating situations where structures can be discovered.

– Jean Piaget

Dr. Jean Piaget Educational Psychology lab at GNCE is named after Psychologist Jean Piaget, who is a renowned proponent of constructivism, wherein learners are motivated to learn through first-hand experiences.

This lab aims to provide practical knowledge of different dimensions of human cognition. Here, the students come together to get acquainted with a number of standardized tests that are designed for the assessment of different cognitive abilities such as memory, attitude, aptitude, reason, rational thinking, problem-solving, visual thinking, imagination, introspection etc. These inventories help to improve and assess different abilities, capabilities and potentialities of the person.

The pupil teachers at GNCE are also trained to administer various standardised and non-standardised tests to cases and interpret the results for reliable diagnosis as well as propose significant remedial measures for their cases.



Rabindranath Tagore Language Lab (RT-LL)



Language laboratories are environments designed to enhance foreign language learners' skills. Generally equipped with analogue and digital hardware, and software (tape recorders, videocassette recorders, or computers), they provide practices in listening comprehension and speaking (listen and repeat), to reinforce the grammar, vocabulary, and functions (grammatical structures) presented in class.

–Mambo

Good communication skills are the foremost requirement to become a successful person. GNCE's Rabindranath Tagore Language Lab provides an avenue for the students to develop their linguistic skills in Reading, Writing,

Speaking and Listening with a special emphasis on the right way of pronunciation, accent and annotation. It uses technology to accelerate the learning of the students with hands-on experience.

Rabindranath Tagore Language Lab is a technology-enabled lab which has a system with requisite software and a rich collection of ACD, DVDs, CDs, dictionaries, books and a projector to ensure the proper development of the linguistic skills of the students. The resources present in the Lab help the students to practice linguistic skills which are to be used during their school internship as well as to be effectively applied in their teaching.

STAFF PROFESSIONAL DEVELOPMENT ACTIVITIES

Dr. Jyoti Bhalla Principal

Convener of following activities in the College:

➤ **Workshops:**

- i) Journal writing 01.10.2025
- ii) Understanding the Self 01.10.2025
- iii) Significant Experiences in Life 03.09.2025
- iv) Mindfulness 03.09.2025
- v) Learning to Observe 01.10.2025
- vi) Working in Groups 15.10.2025
- vii) Drama and Theatre 15.10.2025
- viii) Celebration of Iconic Cultural figures 15.10.2025
- ix) Bloom Taxonomy 19.01.2026
- x) Art & Craft 02.02.2026- 03.02.2026

➤ **Seminars:**

- i) Glimpses of Different Childhoods in India 30.10.2025
- ii) Ride Safe Awareness 20.02.2026
- iii) Career Talk 02.03.2026
- vi) POSH sensitization and training 27.04.2026

➤ **Short Term Continued Education:**

- i) Vocational Counseling 24.11.2025
- ii) Reflection on School Experience 29.01.2026
- iii) Habits of Mind 29.01.2026
- vi) Role Play 12.03.2026
- v) Assistive Devices in Inclusive Classroom Short Term Continued Education 20.03.2026

➤ **Skill Development Programmes:**

- i) Van Mahotsav July 2025
- ii) How to write a Research Paper 03.11.2025
- iii) TLM Workshop 09.02.2026
- iv) Cultural Performances 08.04.2026

➤ **Placement Drive**

- i) Vocational Counselling 24.11.2025
- ii) Mock Interview sessions 27.01.2026- 28.01.2026
- iii) Other placement workshops with Naandi Foundation Tech Mahindra

➤ **Enrichment Programmes**

- i) Youth Gita Summit 2025 05.11.2025
- ii) Mock Drill- Fire Safety 04.12.2025

- iii) Panel Discussion 09.02.2026
- iv) Book Discussion- Labors of Division: Global Capitalism and the Emergence of the Peasant in Colonial Punjab by Navyug Gill 20.03.2026

➤ **NSS**

- i) Plantation Drive July 2025
- ii) NSS Day 24.09.2025
- iii) Swachhata hi Sewa 03.10.2025
- iv) NSS Orientation 14.11.2025
- v) NSS Special Camp January 2026

➤ **Student's Personality Development**

- i) Alumni Interaction 27.03.2025
- ii) Club activities 22.04.2026

Dr. Charu Sethi Assistant Professor

➤ Coordinated the following Activities in the College:

- i) Journal writing 01.10.2025
- ii) Understanding the Self 01.10.2025
- iii) Significant Experiences in Life 03.09.2025
- iv) Mindfulness 03.09.2025
- v) Learning to Observe 01.10.2025
- vi) Reflection on School Experience 29.01.2026
- vii) Habits of Mind 29.01.2026
- viii) Assistive Devices in Inclusive Classroom Short Term Continued Education 20.03.2026
- ix) Plantation Drive July 2025
- x) Swachhata hi Sewa 03.10.2025
- xi) NSS Orientation 14.11.2025
- xii) NSS Day 24.09.2025
- xiii) NSS Special Camp January 2026
- xiv) Vocational Counselling 24.11.2025
- xv) Van Mahotsav July 2025

➤ **Inchargeships:**

- i) Conference and Journal Publications
- ii) FDP and Conference Co- coordinator
- iii) Baba Fateh Singh House
- iv) In-charge of Sudha Chandran Inclusive Education Resource Centre
- v) In-charge of Dr. Jean Piaget Educational Psychology Lab

➤ **Publications:**

- i) Sethi, C. (2025). Jean Piaget: Educational Philosophy, Contributions and Contemporary Relevance. Published in Educational Philosophers: The Pillars of Education. ISBN 978-81-980702-2-7.
- ii) Sethi, C. (2025). Occupational Stress and Mental Health among school teachers: a correlation study. ZENITH

International Journal of Multidisciplinary Research, ISSN 2231-5780 Vol.15 (06), pp. 21-28. UGC Id: 12511. Impact Factor: 7.188.

- Attended Art and Craft Workshop on 02.02.2026 to 04.03.2026.
- Attended Training Session on How to Publish with Oxford Journals, by Oxford University Press.

Ms. Kavita Assistant Professor

- Pursuing PhD (Education) from Swami Vivekanand Subharti University.
- **Inchargeships**
 - i) In-charge of Rabindranath Tagore Language Lab and Amrita Sher-Gill Art & Craft Resource Centre
 - ii) Internal and External Examination
 - iii) Baba Jujhar Singh House
 - iv) Talent Club
- **Coordinated the following activities in the College:**
 - i) Celebration of Iconic Cultural figures 15.10.2025
 - ii) Drama and Theatre 15.10.2025
 - iii) Working in Groups 15.10.2025
 - iv) Art & Craft 02.02.2026-03.02.2026
 - v) Atulya Bharat' Cultural Programme 08.04.2026
 - vi) Club activities 22.04.2026
- **Publications:**
 - i) Kavita (2025). A Study on the Role of Vocational Skills in the context of National Education Policy-2020. Journal of Applied Bioanalysis. E-ISSN 2405-710X, Vol 11(08), pp 662-666, DOI <https://doi.org/10.53555/jab.v11i8.2040>
- Attended Art and Craft Workshop on 02.02.2026-03.02.2026.

Ms. Roopa Vats Assistant Professor

- **Inchargeships:**
 - i) PSE and School Internship
 - ii) Talent Club
 - iii) Baba Ajit Singh Ji House
- Examination duty
 - i) Appointed as an expert for End Term practical examination/ Viva-Voce for Sem 3 BED 255 and 257 School Internship Part II on 29.11.2025 at Kamal Institute of Higher Education and Advance Technology
- Completed M.A in Psychology from IGNOU
- Internship & PSE-1 School Coordinator of GHPS Punjabi Bagh
- Attended Art and Craft Workshop on 02.02.2026- 03.02.2026

Ms. Chehak Arneja, Assistant Professor

- Inchargeships:
 - i) Incharge of Sundar Pichai ICT resource Centre

- ii) Incharge of Shaeed Bhagat Singh Personality Development
- iii) Baba Zorawar Singh House
- iv) MOOCs
- v) Admissions
- Publications:
 - i) Arneja, C. (2025). The implications of NEP 2020 on competency and professional development of teachers. Contemporary Dialogue, 12(1)
- Pursuing Ph.D. in Education from Ambedkar University, Delhi
- MA in psychology – Completed
- Attended Art and Craft Workshop on 02.02.2026-03.02.2026.
- Attended National Conference on Reimagining Education Through Indian Knowledge Systems: Integrating Heritage, Humanity and High-Tech Futures conducted on 16.07.2026.
- Attended Faculty Development Programme on Reimagining Education Through Indian Knowledge Systems: Integrating Heritage, Humanity and High-Tech Futures on 17.07.2026– 23.07.2026.

Ms. Sonam, Assistant Professor

- Inchargeships:
 - i) Incharge of S. Milkha Singh Health & Physical Education Resource Centre
 - ii) Incharge of Aryabhata Curriculum Resource Centre for Mathematics
 - iii) Incharge of Dr. Kalpana Chawla Resource Centre for Science
 - iv) Mathlete & Genesis Club
 - v) Baba Zorawar Singh Ji
 - vi) Internship & PSE-1 School Co-ordinator of GHPS Punjabi Bagh
- Coordinated the following activities in the College:
- Club activities 22.04.2026
- Certifications:
 - i) Digital Marketing Using AI - Skill Nation (Mar 2026)
 - ii) Edua Labs. (2026, March 27 - April 5). AI-assisted qualitative research from phenomenon to rigour (One week workshop)
- Attended Art and Craft Workshop on 02.02.2026-03.02.2026.

Ms. Reha Ahuja, Assistant Professor

- Inchargeships:
 - i) Placement Officer
 - ii) College's Social Media & Website
- Coordinated the following activities in the College:
 - i) Other placement workshops in association with Mahindra Pride Classroom, Naandi Foundation
 - ii) Online Mock Interview Sessions
 - iii) Member of Editorial Team of Ascent 2026

Ms. Raunika, Assistant Professor

- Inchargeships:
 - i) Placement Officer
 - ii) CCA and Personality Development Activities
- UR duty: Appointed as a University Representative for the End Term Examination December 2025 on 16.12.2025 at Lingaya's Lalita Devi Institute of Management, Mandi.
- EduAI Labs. (2026, March 27- April 5). AI- Assisted Qualitative Research from Phenomenon to Rigour (One week workshop)

Dr. Ankita Masih Assistant Professor

- Inchargeships:
 - i) Conference and Journal Publications
 - ii) FDP and Conference Co-ordinator
 - iii) Baba Zorawar Singh House
 - iv) Genesis Club

Ms. Satvinder Kaur, Assistant Professor

- Pursuing Ph.D in Punjabi from DU
- Presented Paper titled "Turi Saan mai uthon: manno vishleshtanatmak adhyaan" published in book Surinder geet rachit saahit chintni paripekha with ISBN - 978- 93-48092-67-0.
- Submitted Paper titled "Ravidas Baani: Manoovigyanak Vishleshan" published in Bhagat Ravidas ji Darshan ate vichardhara with ISBN 978-93-48092-13-7.

Ms. Laxmi Priya, Assistant Professor

- MA in Political Science – Completed
- Publications:
 - i) Priya, L., Kumar, N., & Kumari, L. (2025). From Shrimad Bhagavad Gita to leadership excellence: A new educational paradigm. In N. Kishor (Ed.), Innovating with tradition: Integration of Bhartiya Gyaan Parampara, teacher education and NEP 2020 (p. 265). Vyom Hans Publications. ISBN: 978-81-981814-1-1
 - ii) Priya, L., & Kumar, N. (2026). Globalisation and its impact on education: Local roots. In S. Kumar & M. Ingole (Eds.), Education for sustainable development policies, leadership and reform in school education in India (Vol. 1, p. 17). Ansh Book International. ISBN: 9788119840304
 - iii) Kumar, N., & Priya, L. (2026). Bridging access and equity: NEP 2020's roadmap for social justice in higher education. In Q. F. Islam, D. Manoj, & V. K. Vaseel (Eds.), Equity, inclusion and social justice in higher education (p. 246). Jamia Nadwiyya Edavanna. ISBN: 978-81-995062-0-6
- Attended Conference: Bridging Access and Equity: NEP 2020's Roadmap for Social Justice in Higher Education, International Conference, Jamia Millia Islamia, 8 Oct 2025'
- Attended Conference: Local Roots, Global Aspirations – Understanding Globalisation's Role in Indian Schooling, National Seminar, University of Delhi, 18 Apr 2025
- Attended Conference: Leadership Excellence in the New Educational Paradigm: Insights from Shrimad Bhagavad Gita, National Seminar, 12 Mar 2025.

EXPRESSIONS FROM THE HEART

ਟੀਚੀਂਗਸ ਐਂਡ ਦ ਗੁਰੂਸ (ਸਿੱਖਿਆ ਗੁਰੂਆਂ ਦੀਆਂ)

“ਗੁਰੂ ਬਿਨੁ ਘੋਰੁ ਅੰਧਾਰ” — ਇਹ ਸਿਰਫ਼ ਇਕ ਪੰਕਤੀ ਨਹੀਂ, ਸਗੋਂ ਜੀਵਨ ਦਾ ਸੱਚ ਹੈ। ਮਨੁੱਖੀ ਜੀਵਨ ਵਿੱਚ ਗੁਰੂ ਦੀ ਭੂਮਿਕਾ ਉਸ ਚਾਨਣ ਵਰਗੀ ਹੈ ਜੋ ਅਗਿਆਨਤਾ ਦੇ ਹਨੇਰੇ ਨੂੰ ਦੂਰ ਕਰਦੀ ਹੈ।

ਅੱਜ ਅਸੀਂ ਸਿੱਖ ਇਤਿਹਾਸ ਦੀਆਂ ਦਸ ਪਾਤਸ਼ਾਹੀਆਂ ਬਾਰੇ ਪੜ੍ਹਾਂਗੇ। ਉਹ ਸਿਰਫ਼ ਧਾਰਮਿਕ ਆਗੂ ਨਹੀਂ ਹਨ, ਬਲਕਿ ਮਨੁੱਖਤਾ ਲਈ ਸਦੀਵੀ ਪ੍ਰੇਰਣਾ ਦੇ ਸਰੋਤ ਹਨ। ਉਹਨਾਂ ਦੀ ਬਾਣੀ, ਉਹਨਾਂ ਦੀ ਸੋਚ, ਉਹਨਾਂ ਦੀ ਸਿੱਖੀਆ ਅਤੇ ਉਹਨਾਂ ਦੀਆਂ ਕੁਰਬਾਨੀਆਂ ਅੱਜ ਵੀ ਹਰ ਦਿਲ ਵਿੱਚ ਹਿੰਮਤ, ਸੱਚਾਈ ਅਤੇ ਸੇਵਾ ਦੀ ਜੋਤ ਜਗਾਉਂਦੀਆਂ ਹਨ।

ਪਹਲੀ ਪਾਤਸ਼ਾਹੀ ਸ਼੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਨੇ “ੴ” ਦਾ ਸੰਦੇਸ਼ ਦੇ ਕੇ ਸੰਸਾਰ ਨੂੰ ਏਕਤਾ ਅਤੇ ਭਰਾਤ੍ਰੀਭਾਵ ਦੀ ਸਿੱਖਿਆ ਦਿੱਤੀ। ਉਹਨਾਂ ਨੇ ਜਾਤ-ਪਾਤ ਅਤੇ ਅੰਧਵਿਸ਼ਵਾਸ ਦਾ ਖੰਡਨ ਕਰਦੇ ਹੋਏ ਕਿਹਾ ਕਿ ਰੱਬ ਇੱਕ ਹੈ ਅਤੇ ਸਾਰੇ ਮਨੁੱਖ ਉਸ ਦੀ ਸੰਤਾਨ ਹਨ। ਅਤੇ ਇਹ ਉਪਦੇਸ਼ ਦਿੱਤਾ “ਨਾਮ ਜਪੇ, ਕੀਰਤ ਕਰੇ, ਵੰਡ ਛਕੇ” ਜੋ ਮਨੁੱਖ ਨੂੰ ਸੱਚੇ ਅਤੇ ਇਮਾਨਦਾਰ ਜੀਵਨ ਵੱਲ ਲੈ ਜਾਂਦਾ ਹੈ।

ਦੂਜੇ ਪਾਤਸ਼ਾਹੀ ਸ਼੍ਰੀ ਗੁਰੂ ਅੰਗਦ ਦੇਵ ਜੀ ਨੇ ਗੁਰਮੁਖੀ ਲਿਪੀ ਨੂੰ ਪ੍ਰਚਲਿਤ ਕਰਕੇ ਸਿੱਖਿਆ ਨੂੰ ਲੋਕਾਂ ਤੱਕ ਪਹੁੰਚਾਇਆ। ਉਹਨਾਂ ਦਾ ਇਹ ਯੋਗਦਾਨ ਸੱਭਿਆਚਾਰਕ ਅਤੇ ਆਤਮਕ ਦੋਵੇਂ ਪੱਖਾਂ ਤੋਂ ਮਹੱਤਵਪੂਰਨ ਹੈ।

ਤੀਜੀ ਪਾਤਸ਼ਾਹੀ ਸ਼੍ਰੀ ਗੁਰੂ ਅਮਰਦਾਸ ਜੀ ਨੇ ਲੰਗਰ ਪ੍ਰਥਾ ਨੂੰ ਮਜ਼ਬੂਤ ਕੀਤਾ, ਅਤੇ ਇਹ ਸਿੱਖੀਆ ਦਿੱਤੀ ਕੀ ਹਰ ਵਰਗ ਦੇ ਲੋਕ ਇਕੋ ਪੰਗਤ ਵਿੱਚ ਬੈਠ ਕੇ ਭੋਜਨ ਕਰਨ — ਇਹ ਸਮਾਨਤਾ ਦੀ ਜੀਵੰਤ ਮਿਸਾਲ ਸੀ।

ਚੌਥੀ ਪਾਤਸ਼ਾਹੀ ਸ਼੍ਰੀ ਗੁਰੂ ਰਾਮਦਾਸ ਜੀ ਨੇ ਅੰਮ੍ਰਿਤਸਰ ਦੀ ਸਥਾਪਨਾ ਕਰਕੇ ਸੰਗਤ ਅਤੇ ਸੇਵਾ ਦੀ ਸਿੱਖੀਆ ਦਿੱਤੀ।

ਪੰਜਵੇਂ ਪਾਤਸ਼ਾਹ ਸ਼੍ਰੀ ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ ਨੇ ਆਦਿ ਗ੍ਰੰਥ ਦੀ ਸੰਪਾਦਨਾ ਕਰਕੇ ਬਾਣੀ ਨੂੰ ਇਕੱਠਾ ਕੀਤਾ ਅਤੇ ਸੱਚ ਦੀ ਰੱਖਿਆ ਕਰਨ ਦੀ ਸਿੱਖੀਆ ਦਿੱਤੀ। ਉਹਨਾਂ ਦੀ ਕੁਰਬਾਨੀ ਧਾਰਮਿਕ ਆਜ਼ਾਦੀ ਲਈ ਇਕ ਅਟੱਲ ਨਿਸ਼ਾਨ ਹੈ।

ਛੇਠੇ ਪਾਤਸ਼ਾਹੀ ਸ਼੍ਰੀ ਗੁਰੂ ਹਰਗੋਬਿੰਦ ਸਾਹਿਬ ਜੀ ਨੇ ਮੀਰੀ-ਪੀਰੀ ਦਾ ਸਿਧਾਂਤ ਦਿੱਤਾ, ਜਿਸ ਨਾਲ ਆਤਮਕਤਾ ਅਤੇ ਸੰਸਾਰਕ ਜ਼ਿੰਮੇਵਾਰੀ ਦਾ ਸੁੰਦਰ ਮਿਲਾਪ ਹੋਇਆ।

ਸੱਤਵੇਂ ਪਾਤਸ਼ਾਹੀ ਸ਼੍ਰੀ ਗੁਰੂ ਹਰਰਾਇ ਸਾਹਿਬ ਜੀ ਨੇ ਦਇਆ ਅਤੇ ਸੇਵਾ ਦੀ ਸਿੱਖੀਆ ਦਿੱਤੀ ਅਤੇ ਇਸ ਨੂੰ ਆਪਣੀ ਜੀਵਨ-ਰੀਤ ਬਣਾਇਆ।

ਅੱਠਵੇਂ ਪਾਤਸ਼ਾਹੀ ਸ਼੍ਰੀ ਗੁਰੂ ਹਰਕ੍ਰਿਸ਼ਨ ਸਾਹਿਬ ਜੀ ਨੇ ਛੋਟੀ ਉਮਰ ਵਿੱਚ ਹੀ ਬਿਮਾਰ ਅਤੇ ਪੀੜਤ ਲੋਕਾਂ ਦੀ ਸੇਵਾ ਕਰਕੇ ਇਹ ਸਿੱਖੀਆ ਦਿੱਤੀ ਕੀ ਸਾਨੂੰ ਵੀ ਆਪਣੇ ਅੰਦਰ ਇਹ ਮਨੁੱਖਤਾ ਕਾਇਮ ਕਰਨੀ ਚਾਹੀਦੀ ਹੈ।

ਨੌਵੇਂ ਪਾਤਸ਼ਾਹੀ ਸ਼੍ਰੀ ਗੁਰੂ ਤੇਗ਼ ਬਹਾਦਰ ਸਾਹਿਬ ਜੀ ਨੇ ਧਰਮ ਦੀ ਆਜ਼ਾਦੀ ਲਈ ਆਪਣੀ ਜਾਨ ਨਿਛਾਵਰ ਕਰ ਦਿੱਤੀ। ਉਹਨਾਂ ਦੀ ਸ਼ਹਾਦਤ ਸਿਰਫ਼ ਸਿੱਖ ਇਤਿਹਾਸ ਨਹੀਂ, ਸਗੋਂ ਮਨੁੱਖੀ ਅਧਿਕਾਰਾਂ ਦੀ ਵਿਸ਼ਵ ਪੱਧਰੀ ਮਿਸਾਲ ਹੈ। ਅਸੀਂ ਇਹ ਸਿੱਖੀਆ ਲੈਂਦੇ ਹਾਂ ਕਿ ਸਾਨੂੰ ਵੀ ਆਪਣੇ ਧਰਮ ਦੀ ਰੱਖਿਆ ਕਰਨੀ ਚਾਹੀਦੀ ਹੈ।

ਦਸਵੇਂ ਪਾਤਸ਼ਾਹੀ ਸ਼੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ ਨੇ ਖ਼ਾਲਸਾ ਪੰਥ ਦੀ ਸਥਾਪਨਾ ਕਰਕੇ ਸਿੱਖ ਕੌਮ ਨੂੰ ਨਵੀਂ ਪਛਾਣ ਦਿੱਤੀ। ਉਹਨਾਂ ਨੇ ਪੰਜ ਕਕਾਰਾਂ ਦੀ ਪ੍ਰਥਾ ਦਿੱਤੀ ਅਤੇ ਸਿੱਖਾਂ ਨੂੰ ਨਿਡਰਤਾ, ਅਨੁਸ਼ਾਸਨ ਅਤੇ ਸੱਚਾਈ ਨਾਲ ਜੀਵਨ ਜਿਉਣ ਦੀ ਸਿੱਖੀਆ ਦਿੱਤੀ। ਸਭ ਤੋਂ ਮਹੱਤਵਪੂਰਨ ਗੱਲ ਇਹ ਹੈ ਕਿ ਉਹਨਾਂ ਨੇ ਗੁਰਤਾ ਗੱਦੀ ਸ਼੍ਰੀ ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਨੂੰ ਸੱਪ ਕੇ ਬਾਣੀ ਨੂੰ ਸਦੀਵੀ ਗੁਰੂ ਘੋਸ਼ਿਤ ਕੀਤਾ।

ਦਸ ਪਾਤਸ਼ਾਹੀਆਂ ਦੀ ਇਹ ਜੋਤ ਸਾਨੂੰ ਸਿਖਾਉਂਦੀ ਹੈ ਕਿ ਸੱਚ ਅਤੇ ਨਿਆਂ ਲਈ ਹਮੇਸ਼ਾਂ ਖੜ੍ਹੇ ਰਹੋ, ਕਮਜ਼ੋਰਾਂ ਦੀ ਰੱਖਿਆ ਕਰੋ ਅਤੇ ਮਨੁੱਖਤਾ ਦੀ ਸੇਵਾ ਕਰੋ। ਉਹਨਾਂ ਦੀਆਂ ਸਿੱਖਿਆਵਾਂ ਅੱਜ ਵੀ ਉਤਨੀ ਹੀ ਪ੍ਰਸੰਗਿਕ ਹਨ ਜਿੰਨੀ ਸਦੀਆਂ ਪਹਿਲਾਂ ਸਨ। ਅੱਜ ਦੇ ਆਧੁਨਿਕ ਯੁੱਗ ਵਿੱਚ, ਜਿੱਥੇ ਮਨੁੱਖ ਅਕਸਰ ਆਪਣੇ ਮੂਲ ਮੁੱਲਾਂ ਤੋਂ ਦੂਰ ਹੋ ਰਿਹਾ ਹੈ, ਇਹ ਆਤਮਕ ਵਿਰਾਸਤ ਸਾਨੂੰ ਦੁਬਾਰਾ ਸੱਚਾਈ ਅਤੇ ਨਿਮਰਤਾ ਵੱਲ ਮੋੜਦੀ ਹੈ। ਦਸ ਪਾਤਸ਼ਾਹੀਆਂ ਦੀ ਇਹ ਰੌਸ਼ਨੀ ਸਿਰਫ਼ ਇਤਿਹਾਸ ਦਾ ਹਿੱਸਾ ਨਹੀਂ, ਸਗੋਂ ਸਾਡੀ ਜੀਵਨ-ਜਾਚ ਦਾ ਅਧਾਰ ਹੈ।

ਅੰਤ ਵਿੱਚ, ਅਸੀਂ ਕਹਿ ਸਕਦੇ ਹਾਂ ਕਿ ਇਹ ਦਸ ਰੂਹਾਨੀ ਦੀਵੇ ਸਦਾ-ਕਾਇਮ ਚਾਨਣ ਹਨ, ਜੋ ਮਨੁੱਖਤਾ ਨੂੰ ਹਮੇਸ਼ਾਂ ਸਹੀ ਰਸਤਾ ਦਿਖਾਉਂਦੇ ਅਤੇ ਸਿਖਾਉਂਦੇ ਰਹਿਣਗੇ। ਉਹਨਾਂ ਦੀ ਬਾਣੀ ਅਤੇ ਕੁਰਬਾਨੀਆਂ ਸਾਡੇ ਲਈ ਸਦਾ ਪ੍ਰੇਰਣਾ ਦਾ ਸਰੋਤ ਰਹਿਣਗੀਆਂ।

“ਵਾਹਿਗੁਰੂ ਜੀ ਕਾ ਖਾਲਸਾ, ਵਾਹਿਗੁਰੂ ਜੀ ਕੀ ਫਤਿਹ॥”

Ms Inderpreet Kaur

EXPRESSIONS FROM THE HEART

ਬਰਸਾਤ ਅਤੇ ਤੂੰ

ਬਰਸਾਤ ਹਮੇਸ਼ਾ ਮੈਨੂੰ
ਇੱਕ ਅਜੀਬ ਜਿਹਾ ਸਕੂਨ ਦੇ ਜਾਂਦੀ ਹੈ,
ਜਿਵੇਂ ਕੁਦਰਤ ਖੁਦ
ਕੋਈ ਖਾਮੋਸ਼ ਕਵਿਤਾ ਲਿਖ ਰਹੀ ਹੋਵੇ।
ਖਿੜਕੀ ਤੇ ਡਿੱਗਦੀਆਂ ਬੂੰਦਾਂ
ਕਈ ਵਾਰੀ ਤੇਰੀ ਯਾਦ ਵਰਗੀਆਂ ਲੱਗਦੀਆਂ ਨੇ —
ਨਰਮ, ਖਾਮੋਸ਼
ਤੇ ਦਿਲ ਨੂੰ ਛੂਹ ਜਾਣ ਵਾਲੀਆਂ।
ਤੂੰ ਕਹਿੰਦਾ ਸੀ
ਕਿ ਮੀਂਹ ਵਿੱਚ ਦੁਨੀਆ ਹੋਰ ਸੋਹਣੀ ਲੱਗਦੀ ਹੈ,
ਸ਼ਾਇਦ ਇਸ ਲਈ
ਅੱਜ ਵੀ ਬਰਸਾਤ ਮੈਨੂੰ ਚੰਗੀ ਲੱਗਦੀ ਹੈ।
ਪਰ ਮੈਨੂੰ ਸਭ ਤੋਂ ਵੱਧ
ਬਰਸਾਤ ਦੀ ਇੱਕ ਗੱਲ ਪਸੰਦ ਹੈ —
ਉਹ ਕੁਝ ਪਲਾਂ ਲਈ ਆਉਂਦੀ ਹੈ,
ਹਰ ਚੀਜ਼ ਨੂੰ ਤਾਜ਼ਗੀ ਦੇ ਜਾਂਦੀ ਹੈ,
ਤੇ ਫਿਰ ਚੁੱਪਚਾਪ ਚਲੀ ਜਾਂਦੀ ਹੈ।
ਸ਼ਾਇਦ ਕੁਝ ਲੋਕ ਵੀ
ਬਰਸਾਤ ਵਰਗੇ ਹੁੰਦੇ ਨੇ —
ਥੋੜ੍ਹੇ ਸਮੇਂ ਲਈ ਮਿਲਦੇ ਨੇ,
ਪਰ ਯਾਦਾਂ ਲੰਮੇ ਸਮੇਂ ਤੱਕ ਛੱਡ ਜਾਂਦੇ ਨੇ।

Gurpreet Kaur
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ਪਿੰਜਰੇ ਦੀ ਚਿੜੀ

ਉਸਦੇ ਕਮਰੇ ਦੀ ਖਿੜਕੀ ਤੋਂ
ਅਸਮਾਨ ਪੂਰਾ ਦਿੱਸਦਾ ਸੀ,
ਪਰ ਉਸਦੀ ਦੁਨੀਆ
ਚਾਰ ਦਿਵਾਰਾਂ ਤੋਂ ਅੱਗੇ ਨਹੀਂ ਜਾਂਦੀ ਸੀ।
ਉਹ ਵੀ ਇੱਕ ਚਿੜੀ ਸੀ —
ਸੋਹਣੀ, ਖਾਮੋਸ਼,
ਤੇ ਆਪਣੇ ਹੀ ਪਰਾਂ ਤੋਂ ਡਰਾਈ ਹੋਈ।
ਲੋਕ ਉਸਦੇ ਪਿੰਜਰੇ ਨੂੰ
“ਸੁਰੱਖਿਆ” ਕਹਿੰਦੇ ਰਹੇ,
ਤੇ ਉਹ ਹਰ ਰੋਜ਼
ਆਪਣੀ ਕੈਦ ਨੂੰ ਤਹਜੀਬ ਸਮਝਦੀ ਰਹੀ।
ਉਹ ਜਦੋਂ ਵੀ
ਥੋੜ੍ਹਾ ਜਿਹਾ ਉੱਡਣਾ ਚਾਹੁੰਦੀ,
ਕੋਈ ਨਾ ਕੋਈ ਆਖ ਦਿੰਦਾ —
“ਕੁੜੀਆਂ ਨੂੰ ਇੰਨਾ ਅਸਮਾਨ ਚੰਗਾ ਨਹੀਂ ਲੱਗਦਾ।”
ਫਿਰ ਉਸਨੇ
ਆਪਣੇ ਸੁਪਨਿਆਂ ਦੀ ਆਵਾਜ਼ ਹੌਲੀ ਕਰ ਲਈ,
ਤੇ ਖੁਦ ਨੂੰ
ਸਮਾਜ ਦੇ ਬਣਾਏ ਪਿੰਜਰੇ ਵਿੱਚ
ਫਿੱਟ ਕਰਨਾ ਸਿੱਖ ਲਿਆ।
ਪਰ ਇੱਕ ਗੱਲ
ਅਜੇ ਵੀ ਜਿੰਦਾ ਹੈ ਉਸਦੇ ਅੰਦਰ —
ਅਸਮਾਨ ਵੇਖਣ ਦੀ ਆਦਤ।
ਕਿਉਂਕਿ ਚਿੜੀਆਂ
ਹਮੇਸ਼ਾ ਪਿੰਜਰਿਆਂ ਲਈ ਨਹੀਂ ਬਣਦੀਆਂ।
ਇੱਕ ਦਿਨ
ਉਹ ਆਪਣੇ ਡਰ ਤੋਂ ਵੱਧ
ਆਪਣੇ ਸੁਪਨਿਆਂ ਨੂੰ ਚੁਣੇਗੀ,
ਤੇ ਫਿਰ ਉਸਦੀ ਉਡਾਰੀ ਸਿਰਫ਼ ਉਸਦੀ ਨਹੀਂ,
ਹਰ ਉਸ ਕੁੜੀ ਦੀ ਹੋਵੇਗੀ
ਜਿਸਨੇ ਕਦੇ ਆਪਣੇ ਪਰ ਲੁਕਾ ਕੇ ਰੱਖੇ ਸੀ।

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EXPRESSIONS FROM THE HEART

ਦੇਸਤੀ

ਦੇਸਤੀ ਮਨੁੱਖੀ ਜੀਵਨ ਦਾ ਸਭ ਤੋਂ ਖੂਬਸੂਰਤ ਰਿਸ਼ਤਾ ਮੰਨਿਆ ਜਾਂਦਾ ਹੈ। ਸੱਚਾ ਦੇਸਤ ਹਰ ਸੁਖ-ਦੁੱਖ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਖੜ੍ਹਾ ਰਹਿੰਦਾ ਹੈ। ਪਰ ਅੱਜ ਦੇ ਆਧੁਨਿਕ ਅਤੇ ਤੇਜ਼ ਰਫ਼ਤਾਰ ਵਾਲੇ ਸਮੇਂ ਵਿੱਚ ਵਫ਼ਾਦਾਰ ਦੇਸਤੀਆਂ ਲੱਭਣ ਬਹੁਤ ਮੁਸ਼ਕਲ ਹੋ ਗਿਆ ਹੈ। ਲੋਕ ਆਪਣੇ ਲਾਭ ਅਤੇ ਸਵਾਰਥ ਨੂੰ ਪਹਿਲ ਦੇਣ ਲੱਗ ਪਏ ਹਨ, ਜਿਸ ਕਾਰਨ ਦੇਸਤੀਆਂ ਵਿੱਚ ਪਹਿਲਾਂ ਵਾਲੀ ਸੱਚਾਈ ਅਤੇ ਭਰੋਸਾ ਘੱਟ ਹੁੰਦਾ ਜਾ ਰਿਹਾ ਹੈ।

ਅੱਜਕੱਲ੍ਹ ਬਹੁਤ ਸਾਰੇ ਲੋਕ ਦੇਸਤੀ ਨੂੰ ਸਿਰਫ਼ ਮਤਲਬ ਲਈ ਵਰਤਦੇ ਹਨ। ਜਦੋਂ ਉਨ੍ਹਾਂ ਨੂੰ ਕਿਸੇ ਦੀ ਲੋੜ ਹੁੰਦੀ ਹੈ ਤਾਂ ਉਹ ਬਹੁਤ ਨੇੜੇ ਆ ਜਾਂਦੇ ਹਨ, ਪਰ ਜਿਵੇਂ ਹੀ ਕੰਮ ਮੁੱਕ ਜਾਂਦਾ ਹੈ, ਉਹ ਦੂਰ ਹੋ ਜਾਂਦੇ ਹਨ। ਸੋਸ਼ਲ ਮੀਡੀਆ ਨੇ ਵੀ ਦੇਸਤੀ ਦੇ ਅਰਥ ਨੂੰ ਬਦਲ ਦਿੱਤਾ ਹੈ। ਹਜ਼ਾਰਾਂ ਆਨਲਾਈਨ ਦੇਸਤ ਹੋਣ ਦੇ ਬਾਵਜੂਦ ਵੀ ਮਨੁੱਖ ਆਪਣੇ ਆਪ ਨੂੰ ਇਕੱਲਾ ਮਹਿਸੂਸ ਕਰਦਾ ਹੈ, ਕਿਉਂਕਿ ਸੱਚੀ ਦੇਸਤੀ ਸਿਰਫ਼ ਦਿਲਾਂ ਦੇ ਜੋੜ ਨਾਲ ਬਣਦੀ ਹੈ, ਨਾ ਕਿ ਸਿਰਫ਼ ਫਾਇਦਿਆਂ ਜਾਂ ਲਾਭਾਂ ਨਾਲ।

ਵਫ਼ਾਦਾਰ ਦੇਸਤ ਉਹ ਹੁੰਦਾ ਹੈ ਜੋ ਸਾਨੂੰ ਗਲਤ ਰਸਤੇ ਤੋਂ ਰੋਕੇ, ਸਾਡੇ ਭੇਦ ਸੰਭਾਲੇ ਅਤੇ ਮੁਸ਼ਕਲ ਸਮੇਂ ਵਿੱਚ ਸਾਡਾ ਹੌਸਲਾ ਬਣੇ। ਅਜਿਹੇ ਦੇਸਤ ਬਹੁਤ ਘੱਟ ਮਿਲਦੇ ਹਨ, ਕਿਉਂਕਿ ਅੱਜ ਦੀ ਦੁਨੀਆਂ ਵਿੱਚ ਲੋਕਾਂ ਕੋਲ ਰਿਸ਼ਤਿਆਂ ਲਈ ਸਮਾਂ ਅਤੇ ਧੀਰਜ ਘੱਟ ਰਹਿ ਗਿਆ ਹੈ। ਮੁਕਾਬਲੇ ਅਤੇ ਵਿਅਸਤ ਜੀਵਨ ਨੇ ਮਨੁੱਖ ਨੂੰ ਆਪਣੇ ਤੱਕ ਸੀਮਿਤ ਕਰ ਦਿੱਤਾ ਹੈ।

ਫਿਰ ਵੀ ਸੱਚੀ ਦੇਸਤੀ ਅਜੇ ਖਤਮ ਨਹੀਂ ਹੋਈ। ਜੇ ਅਸੀਂ ਖੁਦ ਇਮਾਨਦਾਰ, ਸਹਾਇਕ ਅਤੇ ਵਿਸ਼ਵਾਸਯੋਗ ਬਣੀਏ, ਤਾਂ ਸਾਨੂੰ ਵੀ ਚੰਗੇ ਦੇਸਤ ਮਿਲ ਸਕਦੇ ਹਨ। ਸੱਚੀ ਦੇਸਤੀ ਪੈਸੇ ਜਾਂ ਦਿਖਾਵੇ ਨਾਲ ਨਹੀਂ, ਸਗੋਂ ਪਿਆਰ, ਭਰੋਸੇ ਅਤੇ ਸਮਝ ਨਾਲ ਬਣਦੀ ਹੈ।

ਅੰਤ ਵਿੱਚ ਕਹਿ ਸਕਦੇ ਹਾਂ ਕਿ ਅੱਜ ਦੇ ਸਮੇਂ ਵਿੱਚ ਵਫ਼ਾਦਾਰ ਦੇਸਤੀਆਂ ਲੱਭਣ ਔਖੀਆਂ ਜ਼ਰੂਰ ਹਨ, ਪਰ ਅਸੰਭਵ ਨਹੀਂ। ਸੱਚੇ ਦੇਸਤ ਜੀਵਨ ਦੀ ਸਭ ਤੋਂ ਵੱਡੀ ਦੌਲਤ ਹੁੰਦੇ ਹਨ ਅਤੇ ਉਨ੍ਹਾਂ ਦੀ ਕਦਰ ਕਰਨੀ ਚਾਹੀਦੀ ਹੈ।

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EXPRESSIONS FROM THE HEART

CURRICULUM CHANGE IN SENIOR SCHOOL IN MATHEMATICS

UNDER NEP 2020 AND NCF 2005

A Change in the Direction of Practical and Meaningful Learning

Curriculum for senior secondary mathematics has changed a lot in recent years. Initially, the focus was mainly on procedural knowledge and rote learning. However, with the introduction of National Education Policy 2020 and National Curriculum Framework 2023, the focus has shifted towards making learning more relevant, meaningful, and skill-oriented. These reforms aim not only to improve conceptual understanding but also to help students understand mathematics in real-world contexts. To ensure holistic development—intellectual, analytical, and practical is the ultimate goal.

Main objectives of curricular and pedagogical change in Mathematics:

1. Constructivist Approach: Learning is seen as an active process in which students build their knowledge via interaction and experience.
2. Curriculum Load Reduction: By encouraging "learning without burden," the framework makes sure that pupils aren't overloaded with material.
3. Making Mathematics Fun: Rather than being a challenging and esoteric subject, mathematics is portrayed as rational and interesting.

According to NEP 2020: A Comprehensive and Adaptable Method

1. Flexibility in Subject Selection: Students are able to choose courses according to their interests and professional aspirations.
2. Multidisciplinary Learning: Science, economics, technology, and mathematics are all linked.
3. Integration of 21st-Century Skills: A focus on communication, teamwork, creativity, and critical thinking.

Important Elements of the New Curriculum for Mathematics:

1. Conceptual Clarity: Knowledge Rather than Memorization Deep comprehension of fundamental subjects like algebra, calculus, and geometry is emphasized in the revised curriculum. Instead of memorizing formulas, students study the reasoning behind them improves reasoning and analytical skills
2. Relevance to Real Life: Linking Mathematics to Everyday Life These days, mathematics is connected to useful, real-world applications such as:
 - a) Financial literacy: taxes, interest, and budgeting
 - b) Data Management: Surveys, graphs, and statistics c) Making logical decisions: Solving problems in real-world scenarios As a result, mathematics becomes more interesting and significant.
3. Developing Skills: Getting Ready for the Future
The curriculum emphasizes vital life skills such as:
 - Critical Thinking: Assessing and analyzing issues
 - Problem-Solving: Using reasoning to arrive at answers
 - Data interpretation is the comprehension and analysis of information.

These abilities are necessary for both professional and postsecondary success.

4. The Role of Teachers in Curriculum Implementation:
Teachers are essential to the curriculum's success:
 - a) Modifying Instructional Strategies: Based on the requirements and learning preferences of students
 - b) Using Creative Techniques: Projects, cooperative learning, and smart classrooms
 - c) Ongoing Professional Development: Keeping current with contemporary teaching methods

Teachers guide and assist the learning process in their role as facilitators.

Conclusion: Moving Towards an Education System Prepared for the Future

A significant change toward learner-centered education is reflected in the senior school mathematics curriculum development, which is driven by NEP 2020 and NCF 2023. It equips students to become competent, self-assured, and future-ready persons by emphasizing conceptual clarity, practical application, and skill development. This well-rounded approach guarantees that mathematics is a useful tool for comprehending and navigating the contemporary world rather than only a subject.

EXPRESSIONS FROM THE HEART

FROM DREAMS TO DESTINY

Study on, girls, don't let time slip away,
 Don't trade your dreams for games you play.
 Shape yourself strong, skilled, and wise,
 So you can face each turn and rise.
 Be independent, carve your name,
 Let effort be your truest flame.
 Education gives you strength and sight,
 So no one owns your future's light.
 Stand firm upon your own two feet,
 Then chase the world-make victory sweet.
 Study on, girls, the hour is bright,
 Today's hard work builds tomorrow's light.
 From Kiran Bedi's fearless stand,
 To Kalpana Chawla's reach so grand.
 Mary Kom fought, refused to fall,
 Malala learned and changed us all.
 Their lives remind, both near and far,
 That study, grit, can make a star.

Saroj Pathak
 01112902124

THE CHILD IN THE MIRROR

Been around a lots of children, I see the wounds
 of their mother wrapped around their braids
 The burning itch of liquor spread across their
 skin, their eyes are blinded in hope yet their lips
 curves a smile of innocence There is naiveness
 in their love and they cling to where their hearts
 are restored The boy who wanted to be a hero
 saving lives became a reflection of his father's
 wretchedness The girl who seeked comfort in
 my praise would follow around of her mother's
 lost embrace like I collected tears of mine as
 their young hearts might lose their own purpose
 one day, might writher in agony, might revile
 because of this unwished home

Devyanshi Bharti
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A WOMAN'S RIGHT TO BECOME HERSELF

When I passed class 12, I was given two choices- education or marriage. I chose education. When I completed my graduation, the same question stood before me again education or marriage. Once again, I chose education. And when it was time to become a teacher, society asked me the same question yet again- education or marriage? For the third time, I chose education.

This is not just my story. It is the story of every girl who dares to dream beyond boundaries. But the real question is- why are girls always forced to choose between just two options? Is their identity limited only to marriage? Even today, society believes that education is a right reserved for boys, while girls belong in the kitchen. But this mindset is not only outdated- it is illogical. If cooking is a skill, do boys not have hands? Are responsibilities designed only for girls? I refuse to become a daughter who depends on her father. I refuse to become a wife who depends on her husband.

I refuse to become a mother who depends on her son. All I seek is freedom- the freedom to understand myself, to grow, and to make my own choices. The difference between a man and a woman is merely biological. Nature never declared one superior to the other. This inequality is a construct of society, not reality. In my eyes, both are equally deserving with equal rights and equal opportunities. As for marriage, it is indeed an important decision. But can a decision made without understanding, without independence, ever be truly right? Education is what empowers us- it gives us awareness, strength, and the ability to make informed choices about our lives. It is time for society to change.

If anything must grow tired, let it be outdated thinking- not the determination of women. Because when a girl is educated, she doesn't just transform her own life- she reshapes the future of society. So the question should never be what a girl must choose- education or marriage. The question should be- when will society understand that education strengthens every relationship, including marriage?

Because an educated woman doesn't just build her own future- she lays the foundation for a better world.

Saroj Pathak
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EXPRESSIONS FROM THE HEART

CALL ME A PLANET!!

Call me a planet!! As I'm lit by light of the stars around me.

That night, as a soft yellow lamp glowed beside her bed, Medha's father began a story in the gentle voice she loved most.

Once upon a time, he said, there was a star named "Noor". Not just any star - Noor was known across the galaxy for her brilliance. Travellers used her light to navigate. Other stars admired her glow. She was the pride of her constellation.

Medha smiled. She liked Noor already.

But, her father continued, something unexpected happened. A series of cosmic storms, dust clouds, and silent collisions dimmed her light. Slowly... very slowly... Noor lost her shine. Her glow faded until she became a dark, almost invisible star, drifting unnoticed in the vastness of space.

Medha's smile faded.

For decades... for centuries... Noor remained lost. New stars rose. New constellations were named. The universe moved on. And Noor... was forgotten.

Medha swallowed. "Then what happened?" she asked softly.

Her father glanced at the clock. Then nothing for now. My genius daughter has an exam tomorrow. Sleep. We'll continue from here next time.

Promise? She asked.

Promise, he replied, smiling.

.....

In her room, Medha lay staring at the ceiling. Noor's story would not leave her mind.

From classes 1 to 5, she had been a topper. Teachers praised her. Relatives mentioned her in proud tones. In class 8 and 9, she had again started doing well.

But in between class 6 and 7 - something had changed. She had slipped. Badly. From the top of the class, she had fallen so far that she wasn't even in the top 20 out of 25 students. Those two years had felt like drifting in darkness while everyone else shone brighter.

She turned on her side.

"Noor became a dark star... just like me."

Her heart beat faster with a question she didn't know how to ask.

"Did Noor ever shine again?"

Thinking about it, she finally fell asleep.

.....

The next day, Medha returned from her exam and waited near the door, eyes fixed on the gate. The moment her father entered, she ran to him.

"Papa! What happened to Noor?"

He chuckled, washed his hands, and sat beside her.

"Ah. So you remembered."

"I didn't forget even for a minute," she said.

He began again.

Centuries passed, he said, and Noor floated in silence. She believed her light was gone forever. She thought she had failed the universe. But what Noor didn't know was that - stars never truly lose their light. Sometimes, they are just covered by layers of cosmic dust, shadows, and storms. The light is still there... waiting.

Medha leaned closer.

One day, he continued, a group of wandering planets passed by Noor. They were lost, confused, and searching for direction. Even in her darkness, Noor's faint warmth reached them.

"Is someone there?" the planets called.

Noor was surprised. "I have no light left to guide you," she replied.

But the planets stayed. They circled her. They believed in her. Their presence cleared the dust around her. Slowly, very slowly, Noor's hidden glow began to reappear.

Not because she tried harder.

Not because she forced herself.

But because she remembered who she truly was:

"A star"

Medha's eyes widened.

Noor realized something important, her father said softly. Her light had never disappeared. It was only hidden for a while. And when the dust cleared, she shone again brighter than before. Not just with light, but with wisdom.

He looked at Medha.

And from that day, Noor became the favourite star of the planets. They called her their guiding light. He paused.

"Do you know why?"

Medha shook her head.

"Because they were lit by her light... and she was lit by their faith."

Medha sat very still.

Her father smiled gently. Sometimes, my little planet, we don't stop shining. We just pass through a cloud.

Tears welled up in her eyes. She understood.

Her dip in class 6 and 7 wasn't the end of her story. It was just the dust, the storm, the darkness before remembering her own light.

She hugged her father tightly.

"Papa... I think Noor and I are the same."

He kissed her forehead. "No. You are better. Noor had to wait centuries. You took only two years."

Medha laughed through her tears.

That night, as she looked at the sky through her window, she whispered to herself,

"Call me a planet... because I am lit by the stars around me. And maybe... I am a star too."

Naveen Mishra

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EXPRESSIONS FROM THE HEART

गुरु नानक कॉलेज ऑफ एजुकेशन

क्या युद्ध में सब जायज़ है?

ये सिर्फ एक कॉलेज नहीं, मेरे जीवन की सबसे सुंदर कहानी है,
जहाँ बी.एड.की शिक्षा के साथ-साथ इंसानियत की भी निशानी है।
जब भी मैं इस कॉलेज के द्वार पर आती हूँ,
यहाँ की पावन मिट्टी को अपने माथे से लगाती हूँ,
क्योंकि मुझे लगता है उस मिट्टी में गुरुओं का आशीर्वाद बसता है,
जो हर दिन मेरे सपनों को नया रास्ता देता है।
जैसे ही अंदर कदम रखती हूँ, जब बाबा गुरु गोबिंद सिंह जी के दर्शन होते हैं,
तो मन की सारी बेचैनी, रास्तों की सारी थकान एक पल में ही मिट जाती है।
ऐसा लगता है मानो मैं किसी साधारण जगह नहीं,
बल्कि सच में विद्या के मंदिर में आ गई हूँ।
यहाँ की हवाओं में भी शिक्षा है, यहाँ की दीवारों में भी संस्कार हैं,
और यहाँ के शिक्षक इतने महान हैं कि रोज ऐसा लगता है
मानो किसी महान आत्मा के दर्शन हो रहे हों।
उन्होंने सिर्फ किताबों का ज्ञान नहीं दिया, बल्कि जीवन को समझना सिखाया,
गिरकर संभलना सिखाया, और हर परिस्थिति में मुस्कुराना सिखाया।
शायद यही वजह है कि इस कॉलेज को A++ ग्रेड मिला है,
क्योंकि यहाँ सिर्फ डिग्रियाँ नहीं, बल्कि अच्छे इंसान तैयार किए जाते हैं।
मेरा यहाँ बस दो साल का सफर था, पर सच कहूँ
ये दो साल मेरी जिंदगी के सबसे खूबसूरत साल बन गए।
अगर मैं दस साल बाद भी यहाँ लौटूँ, तो मुझे ऐसा ही लगेगा
जैसे आज मेरा पहला दिन हो, वही उत्साह, वही श्रद्धा, वही अपनेपन का एहसास।
रोज कुछ नया सीखना, रोज खुद को पहचानना,
न जाने कब इस कॉलेज से मुझे इतना लगाव हो गया
कि अब इसकी हर राह मेरे दिल का हिस्सा बन गई है।
मुझसे पहले भी हजारों छात्र यहाँ आए होंगे,
और मेरे बाद भी आते रहेंगे, लेकिन दिल के किसी कोने में
एक छोटी-सी इच्छा हमेशा रहेगी
कि मैं ऐसा काम कर जाऊँ, ऐसी पहचान बना जाऊँ,
कि सरोज पाठक नाम सुनते ही इस कॉलेज का चेहरा मुस्कुरा उठे।
मैं खुद को बहुत भाग्यशाली मानती हूँ
कि ज्योति भल्ला जैसी प्रेरणादायक प्रिंसिपल की मौजूदगी में
मैंने अपनी बी.एड. पूरी की। और आज जहाँ भी जाती हूँ, दिल गर्व से भर उठता है, जब मैं मुस्कुरा कर कहती हूँ—
“हाँ...
मैं गुरु नानक कॉलेज ऑफ एजुकेशन की छात्र हूँ।”

सरोज पाठक
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बटी है! बटी है!
ये दुनिया बटी है!
सटी है! सटी है!
ये तुम और मैं में सटी है!

कहीं मजहब के नाम पे,
कहीं भाषा के नाम पे,
कहीं जमीन के नाम पे,
ये तुझमें और मुझमें सटी है!

उन्होंने खींची वो लकीर,
उन्होंने बोला वो झूठ,
सच में घोला फरेब का रूप,
क्या तुझमें, क्या मुझमें इंसानियत बची है?

फरत का जहर हर जगह है ममला,
यह तेरे और मेरे शब्दों में है घुला।
तेरा गुस्सा भी जायज़ है,
मेरा गुस्सा भी जायज़ है।
तेरा डर भी जायज़ है,
मेरा डर भी जायज़ है,
तेरे लोग भी जायज़ हैं,
मेरे लोग भी जायज़ हैं,

लेकिन इस तेरे-मेरे सही में,
गलत भी जायज़ है!
कुछ गलती थी तेरी,
कुछ गलती थी मेरी।

जब तलवारें चली थी,
तब रात भी थी अंधेरी।
बाहर खून था,
इन सड़कों पे, तेरा और मेरा।
लोग रोए थे, अपनों के लिए,
यहां भी और वहां भी,

उन्होंने बोला की हम में हम सही है,

उन्होंने बोला तुम में तुम सही हो।
इंसानियत मर गई थी हमारी।

बहा खून सैनिकों का,
तेरा भी हमला जायज़ था,
मेरा भी हमला जायज़ था,
पर उजड़ा दीपक घर के परिवारों का।

आज भी खड़े हैं,
तुम भी और मैं भी।
लोग सब मरे हैं,
तुम्हारे भी और हमारे भी

बस यादें, कपड़े और हथियार बचे हैं,
क्या सुनायेगे ये कहानी तेरी और मेरी?

अनुपम
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EXPRESSIONS FROM THE HEART

मेरी सोच-मेरी पृथ्वी

सब कुछ जानते हुए भी हम क्यों चुप रह जाते हैं,
अपने ही घर को हम क्यों यूँ जलाते जाते हैं।
जिस मिट्टी ने हमें गढ़ा, जिस नेह ने हमें पाला,
उसी के हर जख्म पर हमने क्यों नमक है डाला?

नीला आकाश, हरियाली, ये प्रकृति का अनुपम श्रृंगार,
हर कण में बसी है जीवन की अनमोल सी झंकार।
फिर भी अंधी दौड़ में, सब कुछ पीछे छूट रहा,
इंसान अपने ही हाथों, अपना कल क्यों लूट रहा?

कभी जो नदियाँ गाती थीं, जीवन का मधुर तराना,
आज वही खामोश खड़ी हैं, खोकर अपना अफसाना।
विषैले कचरे के साये में, उनका अस्तित्व सिमट गया,
मानव के स्वार्थ के आगे, हर सौंदर्य बिखर गया।

हवा जो थी प्राणों जैसी, अब बोझिल सी लगती है,
हर सांस में घुलकर जैसे, कोई पीड़ा जगती है।
कटते जंगल, सूखती धरती, ये कैसा विकास है,
प्रकृति के हर आँसू में, छुपा हमारा विनाश है।

मैं भी इस भीड़ का हिस्सा हूँ, ये सच मुझे सताता है,
मेरे हर छोटे कर्म का असर, इस धरती पर आता है।
अब और नहीं अनदेखा करूँगा, ये मन संकल्प उठाता है,
हर कदम पर प्रकृति का साथ, यही मेरा नाता है।

ग्रहों की इस अनंत भीड़ में, बस यही एक सहारा है,
यही हमारा अतीत, यही भविष्य सारा है।
ना कोई दूसरा ठिकाना, ना कोई और संसार,
फिर क्यों इसे मिटाने पर, हम हैं इतने लाचार?

आओ आज ये प्रण करें, बदलाव की शुरुआत करें,
एक नहीं, हर दिन हम पृथ्वी का सम्मान करें।
हर पेड़ में जीवन देखें, हर बूंद को अमृत मानें,
धरती माँ की हर पुकार को, दिल से हम पहचानें।

सुंदरलाल बहुगुणा की पुकार, राजेंद्र सिंह का जल संदेश,
मेधा पाटकर का संघर्ष, यादव पायेंग का हरित परिवेश।
सलीम अली की चिड़ियों की रक्षा, सुनीता नारायण की चेतावनी,
माधव गाडगिल की दृष्टि में, प्रकृति की सच्ची कहानी।

ये सिर्फ कविता नहीं, एक चेतावनी की आवाज है,
हर धड़कन में छुपा हुआ, प्रकृति का एहसास है।
अगर अब भी न जागे हम, तो सब कुछ खो जाएगा,
धरती का ये स्वर्ग कहीं, यादों में सो जाएगा।

इस पृथ्वी दिवस पर मैं ये वादा दोहराता हूँ,
अपने हर कर्म से धरती का कर्ज चुकाता हूँ।
छोटा सही, पर सच्चा कदम मैं आज उठाऊँगा,
अपनी इस प्यारी धरती को, फिर से स्वर्ग बनाऊँगा।

सरोज पाठक

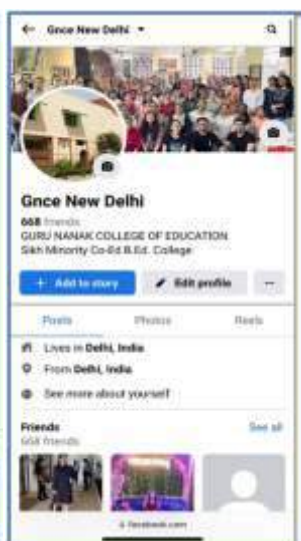
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खुद का आईना

तुमने जन्म लिया है सिर्फ सजने-संवरने के लिए नहीं,
आईने की झिलमिलाहट में खुद को खो देने के लिए नहीं।
ये जीवन है— एक बुलंद मौका, अपनी पहचान खुद गढ़ने का,
भीड़ से अलग खड़े होकर अपने सपनों का आसमान छूने का।
शरीर का साथ ही काफी है, ताकि गिरो तो संभाल सके, पर याद रखो—
यह सब कुछ नहीं, सच्ची ताकत तो भीतर है, जो तुम्हें आगे बढ़ाए।
असली शक्ति तुम्हारी बुद्धि में है, ज्ञान की गहराई, विवेक की चमक में है,
जो हमेशा हर अंधेरे को चीरकर सही राह तुम्हें दिखाती है।
जिन हाथों से तुम आईलाइनर और आईशैडो लगाती हो,
उन्हीं हाथों में आग है— अपनी तकदीर खुद लिखने की।
अब देर न करो कलम उठाओ, शब्दों को हथियार बनाओ,
अपने सपनों को हकीकत में ढालो, दुनिया चाहे झुके या न झुके—
इतनी मेहनत कर जाओ की खुद के सामने कभी न झुको।
शादी से पहले और बाद, किसी पर सहारा लेना आसान है,
पर असली जीत तो तब है जब तुम खुद अपनी ताकत बन जाओ।
इतनी मजबूत बनो कि किसी की मदद की जरूरत न हो,
इतनी स्वतंत्र बनो कि पूरी दुनिया तुम्हारे कदमों में हो।
कभी आएगा मन में की अपनी लटें संवारूँ, खुद को सजाऊँ,
पर उस पल खुद से कहो की पहले अपनी सोच को और निखारूँ।
शरीर की सुंदरता क्षणिक है और बुद्धि की चमक अनंत है,
ज्ञान और विवेक संग हो तो हर राह आसान है और प्रतिबंध घटता है।
उठो, खुद को इतनी ताकतवर बनाओ कि हालात भी तुम्हारे सामने झुक जाएँ,
अपने पैरों पर चलो, और रास्ते खुद पे खुद बनते जाएँ।
तुम साधारण नहीं हो तुम तो बदलाव की एक बड़ी मिसाल हो,
तुम वह शक्ति हो जो अपनी पूरी दुनिया खुद हासिल कर सकती हो।

सरोज पाठक

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