

GURU NANAK COLLEGE OF EDUCATION

B.Ed. Programme

CO- CURRICULAR ACTIVITIES

SKILL DEVELOPMENT

Batch: 2021-23

Semester: II

TITLE: Van Mahotsav

RESOURCE PERSON: Dr. Charu Sethi

DATE: October 2022

TIME: 10 am onwards

VENUE: College Campus



Tree planting is recognised as one of the most engaging, environmentally-friendly activities that people can participate in to help the planet when done properly. Trees provide numerous long-term and short-term benefits. They not only look nice, but they also remove and store carbon from the atmosphere, slow heavy rain and thus reduce the risk of flooding, improve air quality, and reduce the urban heat island effect by reflecting sunlight and providing shade.

The Pupil trainees at Guru Nanak College of Education along with its staff were encouraged to plant trees and celebrate Van Mahotsav around their surrounding areas in the month of October 2022. The Pupil trainees enthusiastically became a part of this plantation drive and celebration. The pupil trainees realised that because urban areas lack trees, they suffer from severe problems such as smog and polluted air. The “Tree Plantation” becomes a long-term solution to such problems. Vehicle exhaust, wood and coal combustion, factories and industries all emit hazardous pollutants and greenhouse gases into the atmosphere.

Tree plantation is therefore, significant because it is linked to our basic need for good food to eat and clean air to breathe.