## GURU NANAK COLLEGE OF EDUCATION

## **B.Ed. Programme**

## **CO- CURRICULAR ACTIVITIES**

## SHORT TERM CONTINUED EDUCATION

Batch: 2021-23 Semester: IV

TITLE: Role Play on Life Skills

RESOURCE PERSON: Ms. Paridhi Galhotra

DATE: Proposed for the month of February 2023

TIME: 12:00 noon onwards

**VENUE: Assembly Area** 



To enhance the various life skills in students, a role-play session is being proposed for the month of February 2023 for the pupil trainees of Guru Nanak College of Education.

During the activity, the students will be divided into smaller groups and will have to envision themselves as participants in different situations which could arise in their lives. The students may discuss and attempt to resolve these issues amongst themselves in preparation for similar experiences that could arise in the future in a real life situation.

The session on the theme-"Role Play on Life skills" will be organised, upholding the objective that role play, including acting out scenarios to problem solving, provides the individuals practice in coping with real-life situations and will definitely support their social-emotional growth and development.