



# Guru Nanak College of Education

Under the aegis of DSGMC, affiliated to GGSIPU

## ROAD SAFETY EDUCATION

### [Make your Pledge for Road Safety]

To enable everyone, especially drivers, to pledge to do their bit to stop road crashes, build happier communities, and help save the planet.



#### Slow

**Drivers** – I'll stay under limits, and slow down to 20mph/30kph around schools, homes and shops to protect others. I'll slow right down for bends, brows and bad weather, and avoid overtaking.

**Everyone** – I'll speak out for slowing down and help drivers understand that the slower they drive, the more chance they have of avoiding a crash and saving a life.

#### Sober

**Drivers** – I'll never drive after drinking any alcohol or drugs – not a drop, not a drag.

**Everyone** - I'll plan ahead to make sure I, and anyone I'm with, can get home safely and I'll never be a

passenger with a driver who's been drinking or taking drugs. I'll speak out if someone is going to drive on drink or drugs.

#### Secure

**Drivers** – I'll make sure everyone in my vehicle is wearing a seatbelt on every journey, and kids smaller than 150cm are in a proper child restraint. I'll choose the safest vehicle I can and ensure it's maintained. If I ride a moped or motorbike, I'll always wear a securely-fastened helmet, and make sure passengers do to.

**Everyone** – I'll wear a seatbelt whenever I'm a passenger in a vehicle, and a helmet if I'm a passenger on a moped or motorbike, and make sure friends and family do too.

#### Silent

**Drivers** – I'll never take or make calls or texts when driving. I'll turn off my phone or put it out of sight and on silent, and stay focused on the road.

**Everyone** – I'll never chat on the phone to someone else who's driving.

#### Sharp

**Drivers** – I'll get my eyes tested every two years and wear glasses or lenses at the wheel if I need them. I'll take regular breaks and never drive if I'm tired, stressed or on medication that affects driving.

**Everyone** – I'll look out for friends and family by ensuring they only drive if they're fit for it and rest if they're tired.

#### Sustainable

**Everyone** – I'll minimize the amount I drive, or not drive at all. I'll get about by walking, cycling or public transport as much as I can, for road safety, the environment and my health.

#### Make your Pledge

**Pledge here by giving your name**

**First Name** \_\_\_\_\_

**Last Name** \_\_\_\_\_

**E-mail Id** \_\_\_\_\_

**The City/State you belong to** \_\_\_\_\_

We won't pass your details onto third parties. If you provide your email address above, you are consenting to receive GNCE's news bulletin fortnightly. You can unsubscribe from this at any point using the link in our bulletins.

Signature